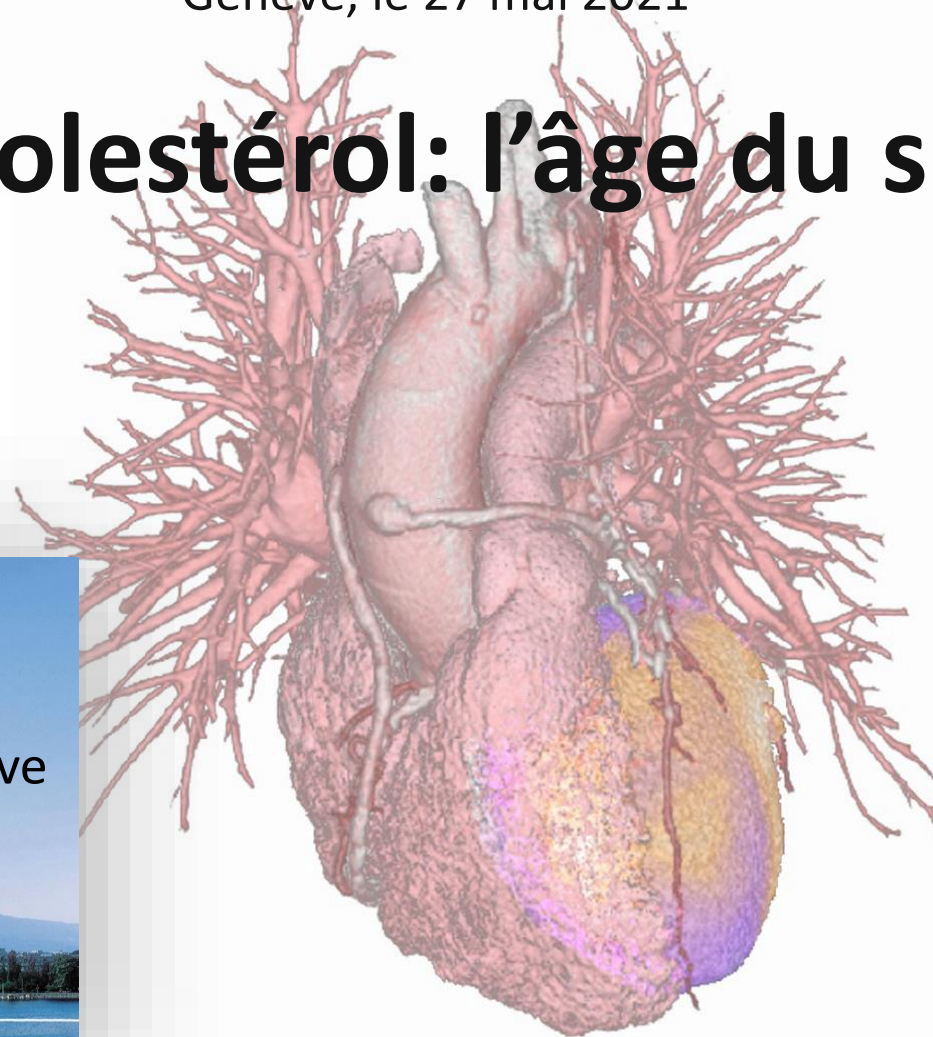


Service de cardiologie / HUG

Colloque multidisciplinaire de formation continue, cardiologie et chirurgie cardio-vasculaire

Genève, le 27 mai 2021

LDL-cholestérol: l'âge du silence



Prof. François Mach, MD, FESC

Service de Cardiologie

Hôpitaux Universitaires de Genève

francois.mach@hcuge.ch



Aucun conflit d'intérêt

Tous mes honoraires pour conférences ou conseils scientifiques sont versés à la Fondation GEcor ou au Département de Médecine des HUG.

Le service de cardiologie a reçu des financements de firmes pharmaceutiques pour la recherche clinique, toujours via des contrats signés par le Département de Médecine des HUG.



Maladies cardiovasculaires

CARDIOVASCULAR DISEASE

THE WORLD'S NUMBER 1 KILLER

Cardiovascular diseases are a group of disorders of the heart and blood vessels, commonly referred to as **heart disease** and **stroke**.

17.8
MILLION

deaths
every
year
from
CVD



31%

of all
global deaths

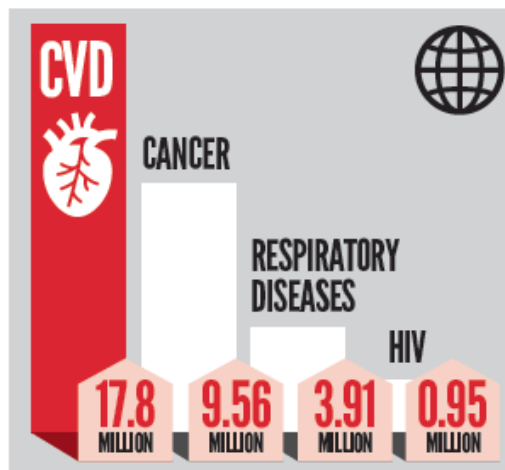


>75%

of CVD deaths take place in low-
and middle-income countries

GLOBAL CAUSES OF DEATH

RISK FACTORS FOR CVD



-  High Blood Pressure
-  Unhealthy Diet
-  High Cholesterol
-  Diabetes
-  Overweight & Obesity
-  Tobacco
-  Air Pollution
-  Kidney Disease
-  Physical Inactivity
-  Harmful use of alcohol

Athérosclérose

Coronary Artery Disease

Leading cause of mortality

Happened globally

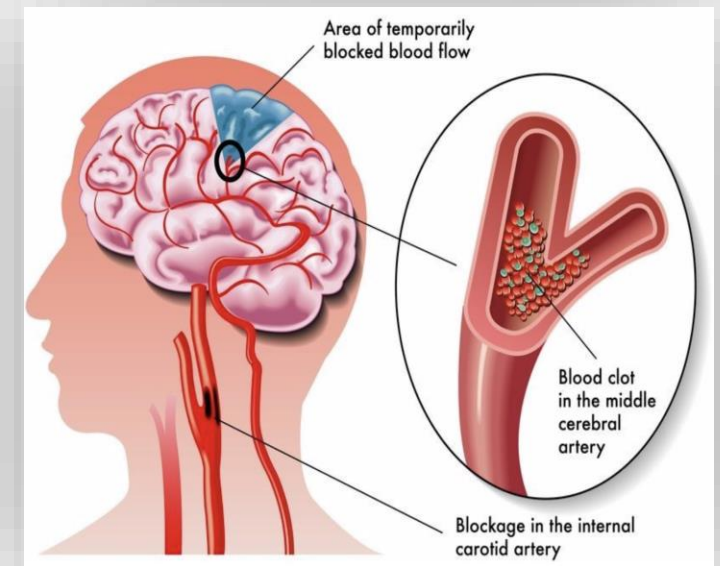
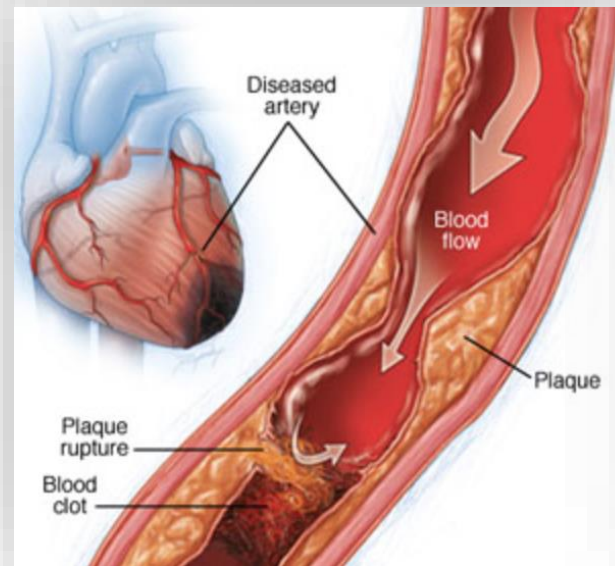
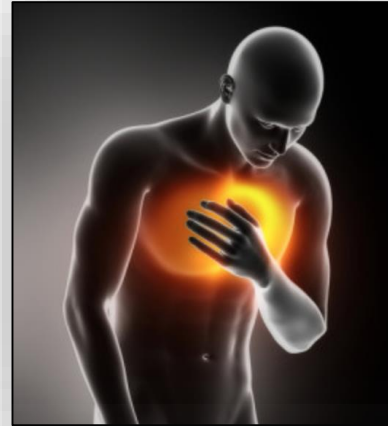
Increase new cases

Leading cause of loss of productivity

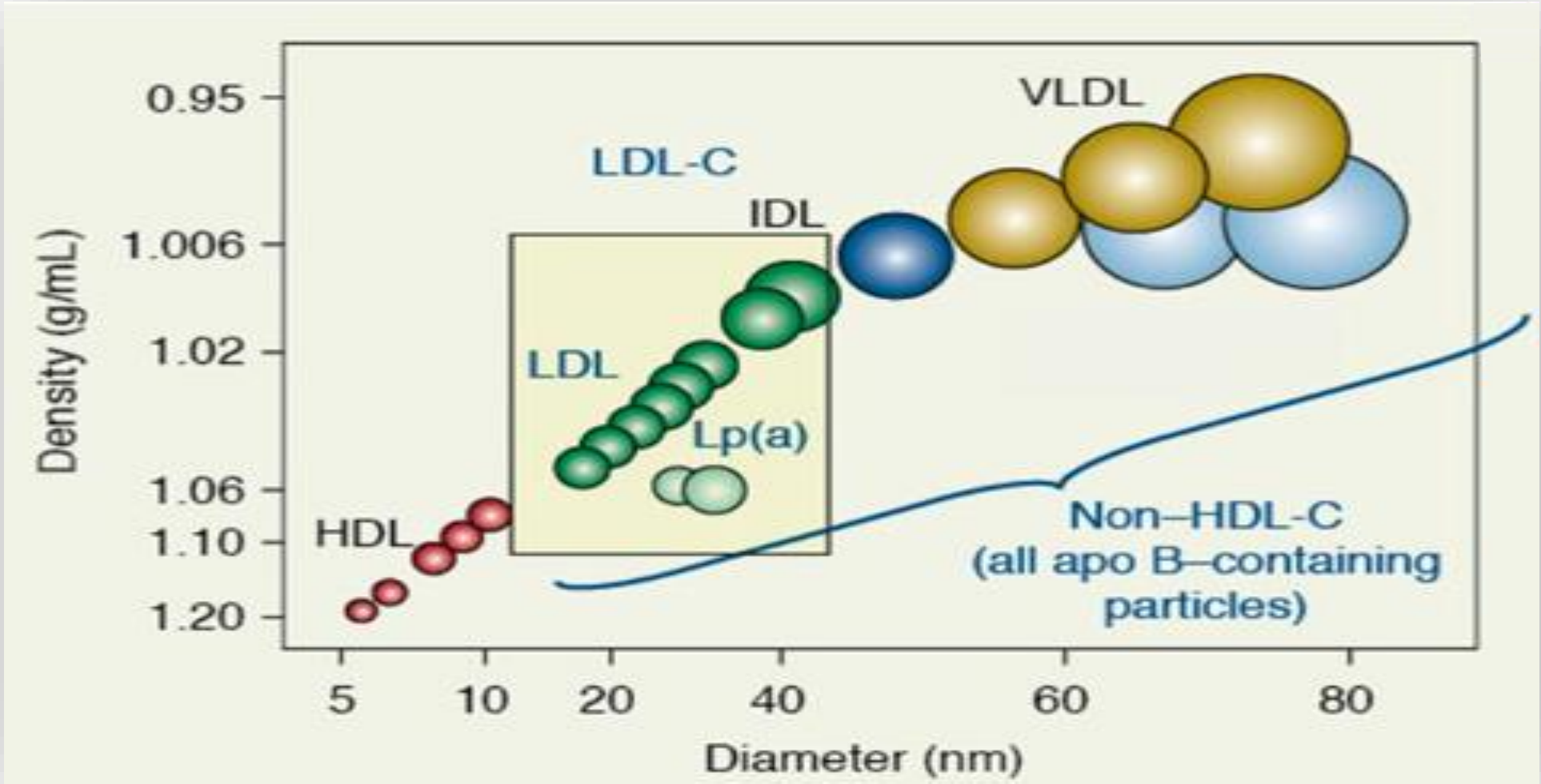
TRUE PANDEMIC

WHO (2009):

“CHD is now the leading cause of death worldwide; it is on the rise and has become a true pandemic that **respects no borders**”



Caracteristiques des lipoprotéines

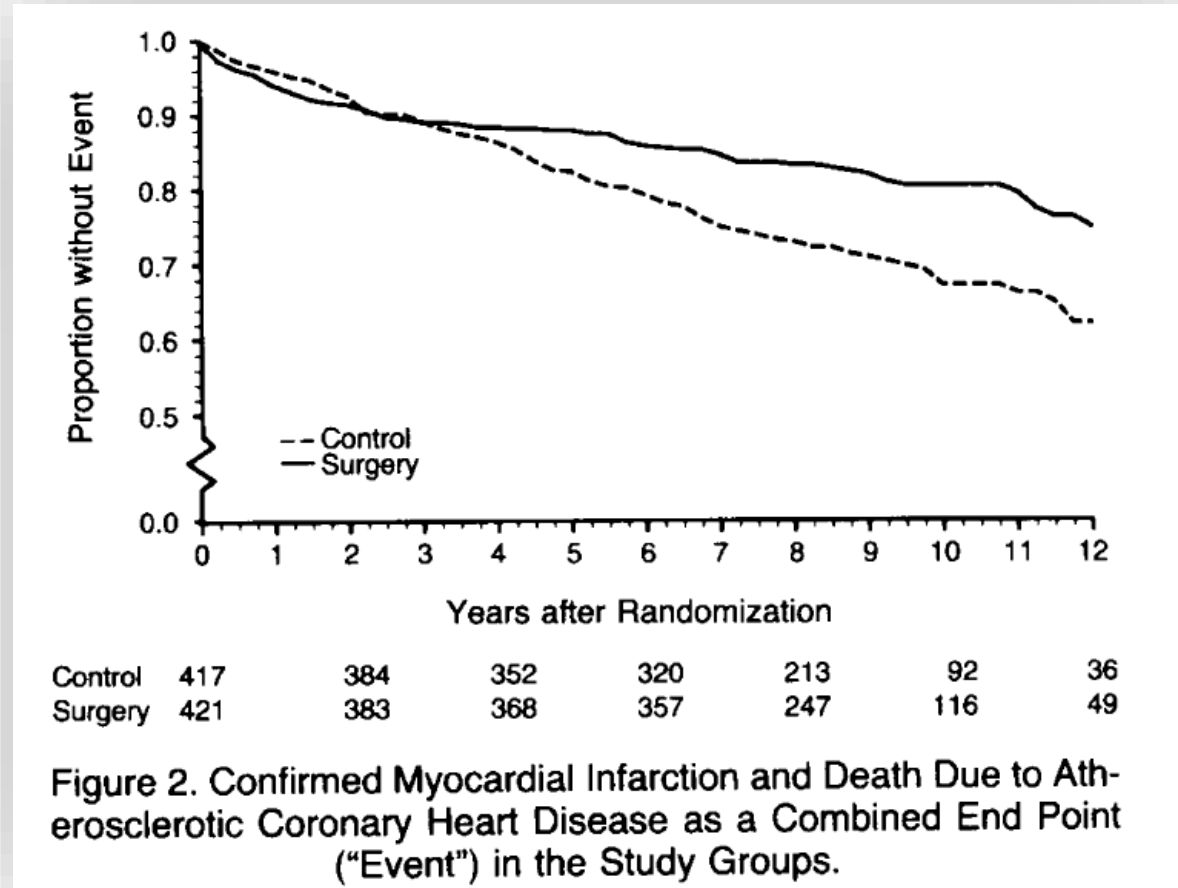
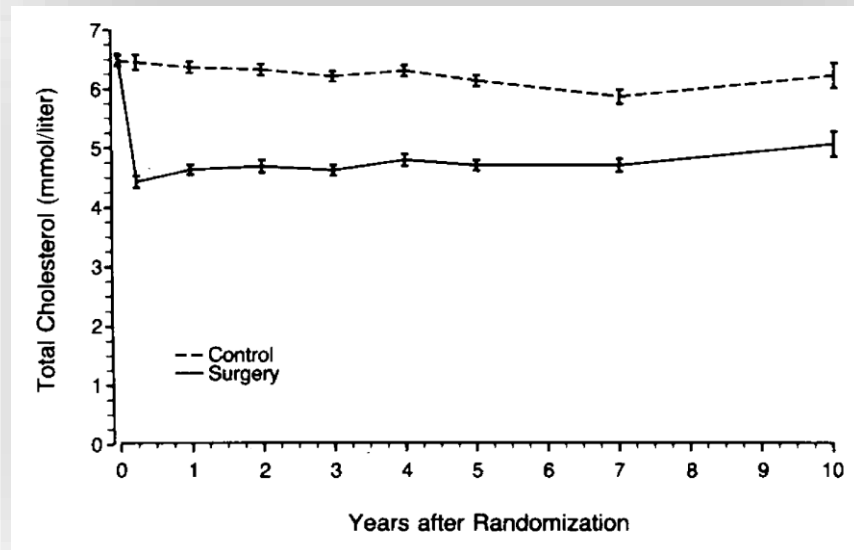


Lowering cholesterol lowers CV events: first evidence

EFFECT OF PARTIAL ILEAL BYPASS SURGERY ON MORTALITY AND MORBIDITY FROM CORONARY HEART DISEASE IN PATIENTS WITH HYPERCHOLESTEROLEMIA

Report of the Program on the Surgical Control of the Hyperlipidemias (POSCH)

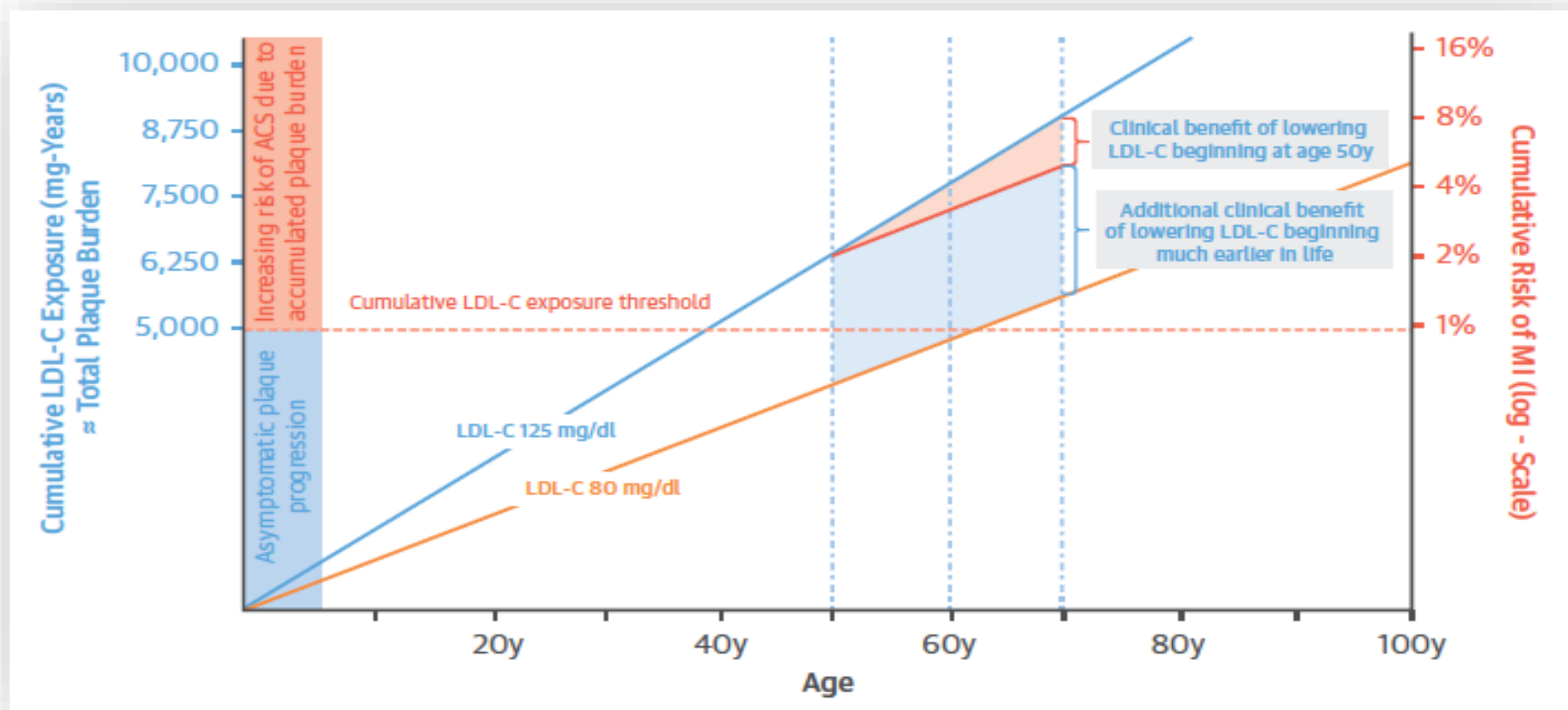
HENRY BUCHWALD, M.D., PH.D., RICHARD L. VARCO, M.D., PH.D., JOHN P. MATTS, PH.D., JOHN M. LONG, Ed.D., LAURIE L. FITCH, M.P.H., GILBERT S. CAMPBELL, M.D., PH.D., MALCOLM B. PEARCE, M.D., ALBERT E. YELLIN, M.D., W. ALLAN EDMISTON, M.D., ROBERT D. SMINK, JR., M.D., HENRY S. SAWIN, JR., M.D., CHRISTIAN T. CAMPOS, M.D., BETTY J. HANSEN, R.N., NAIP TUNA, M.D., PH.D., JAMES N. KARNEGIS, M.D., PH.D., MIGUEL E. SANMARCO, M.D., KURT AMPLATZ, M.D., WILFREDO R. CASTANEDA-ZUNIGA, M.D., DAVID W. HUNTER, M.D., JOSEPH K. BISSETT, M.D., FREDERIC J. WEBER, M.D., PH.D., JAMES W. STEVENSON, M.D., ARTHUR S. LEON, M.D., THOMAS C. CHALMERS, M.D., AND THE POSCH GROUP*



Control	417	384	352	320	213	92	36
Surgery	421	383	368	357	247	116	49

Figure 2. Confirmed Myocardial Infarction and Death Due to Atherosclerotic Coronary Heart Disease as a Combined End Point ("Event") in the Study Groups.

Time-Exposure to LDL-C



Evidence for efficacy of LDL-lowering therapies down to below 1.4 mmol/L (55 mg/dL)

Source of evidence	Mean reduction in LDL cholesterol; mmol/L [mg/dL]	Outcome	RR (95% CI)
CTT meta-analysis ¹ (high-intensity vs standard statin; subgroup <2.0 mmol/L)	1.71 [66] vs 1.32 [50]	MI, CHD death, stroke, coronary revasc.	0.71 (0.56-0.91) [per mmol/L]
IMPROVE-IT ² (eze plus statin vs statin)	1.80 [70] vs 1.40 [54]	CV death, MI, stroke, UA, coronary revasc	0.94 (0.89-0.99)
FOURIER ³ (evolocumab plus high-dose statin ± eze vs high-dose statin ± eze)	2.37 [92] vs 0.78 [30]	CV death, MI, stroke, UA, coronary revasc	0.85 (0.79-0.92)
ODYSSEYOUTCOMES ⁴ (alirocumab plus high-dose statin ± eze vs high-dose statin ± eze)	2.37 [92] vs 1.37 [53]	MI, CHD death, stroke, UA	0.85 (0.78-0.93)

¹*Lancet* 2010;376:1670; ²*NEJM* 2015;372:2387; ³*NEJM* 2017;376:1713; ⁴*NEJM* 2018;379:2097

PCSK9 mAb: Efficacy and safety

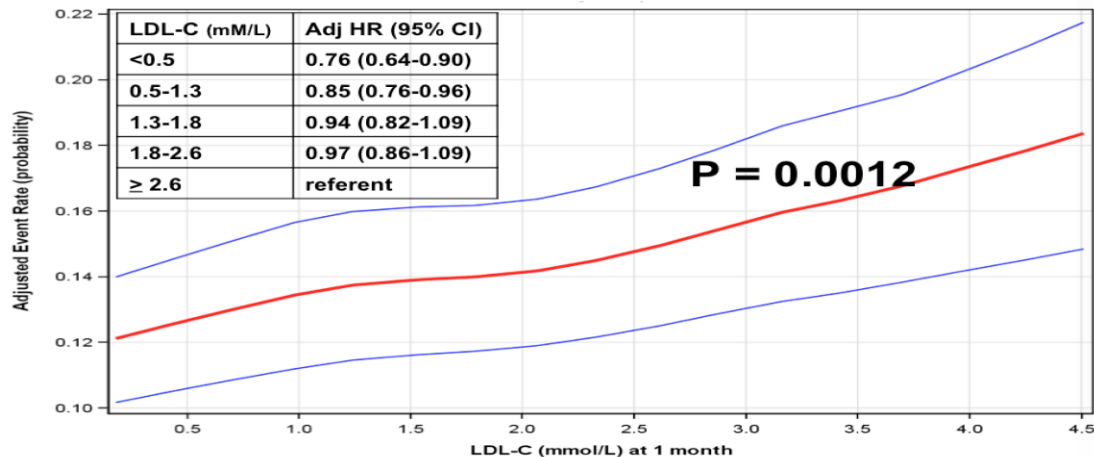
Clinical efficacy and safety of achieving very low LDL-CLDL-cholesterol concentrations with the PCSK9 inhibitor evolocumab (FOURIER trial)



Robert P Giugliano, Terje R Pedersen, Jeong-Gun Park, Gaetano M De Ferrari, Zbigniew A Gaciong, Richard Ceska, Kalman Toth, Ioanna Gouni-Berthold, Jose Lopez-Miranda, François Schiele, François Mach, Brian Ott, Estella Kanevsky, Armando Lira Pineda, Ransi Somaratne, Scott M Wasserman, Anthony C Keech, Peter S Sever, Marc S Sabatine; on behalf of the FOURIER Investigators



Primary Efficacy Endpoint*



*CV death, MI, stroke, hospitalization for UA, coronary revasc



Exploratory Analysis – 1 Achieved LDL-C <0.4 mM/L*

	LDL-C at 4 Weeks		Adjusted HR (95% CI)	P
	<0.4 (N=1335)	≥2.6 (N=4395)		
	n (%)	n (%)		
Efficacy Endpoints				
CVD, MI, stroke, UA, cor revasc	105 (7.9)	521 (11.9)	0.71 (0.56-0.89)	0.003
CV death, MI, stroke	66 (4.9)	345 (7.8)	0.66 (0.50-0.88)	0.005
Safety Endpoints				
Serious AE	313 (23.4)	1022 (23.3)	0.96 (0.81-1.13)	0.63
AE -> drug DC	42 (3.1)	149 (3.4)	0.89 (0.60-1.32)	0.56

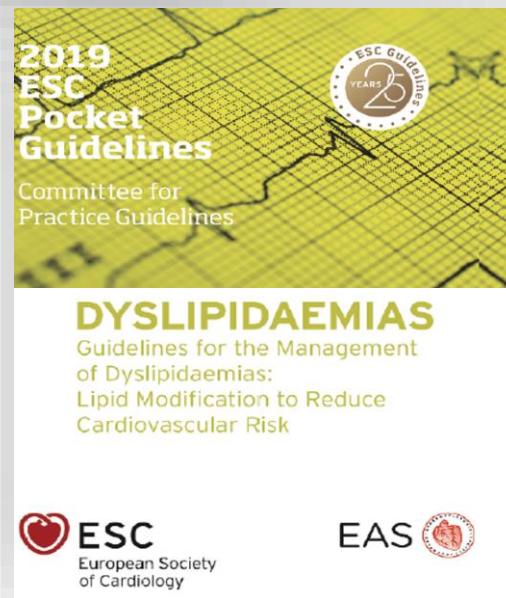
ESC/EAS 2019 Lipid Guidelines



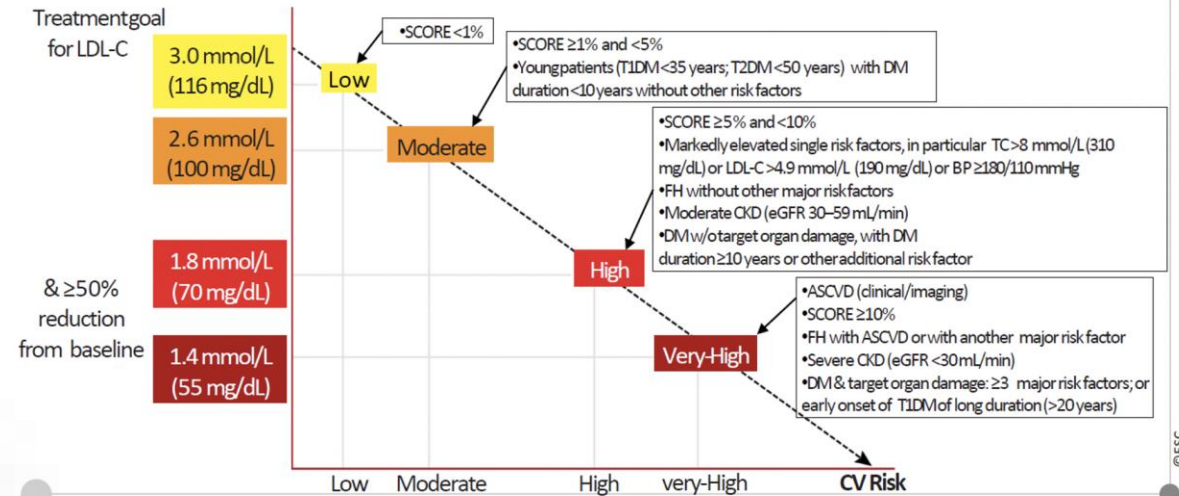
2019 ESC/EAS Guidelines for the management of dyslipidaemias: lipid modification to reduce cardiovascular risk

The Task Force for the management of dyslipidaemias of the European Society of Cardiology (ESC) and European Atherosclerosis Society (EAS)

Authors/Task Force Members: François Mach* (Chairperson) (Switzerland), Colin Baigent* (Chairperson) (United Kingdom), Alberico L. Catapano^{1*} (Chairperson) (Italy), Konstantinos C. Koskinas (Switzerland), Manuela Casula¹ (Italy), Lina Badimon (Spain), M. John Chapman¹ (France), Guy G. De Backer (Belgium), Victoria Delgado (Netherlands), Brian A. Ference (United Kingdom), Ian M. Graham (Ireland), Alison Halliday (United Kingdom), Ulf Landmesser (Germany), Borislava Mihalova (United Kingdom), Terje R. Pedersen (Norway), Gabriele Riccardi¹ (Italy), Dimitrios J. Richter (Greece), Marc S. Sabatine (United States of America), Marja-Riitta Taskinen¹ (Finland), Lale Tokgozoglul (Turkey), Olov Wiklund¹ (Sweden)



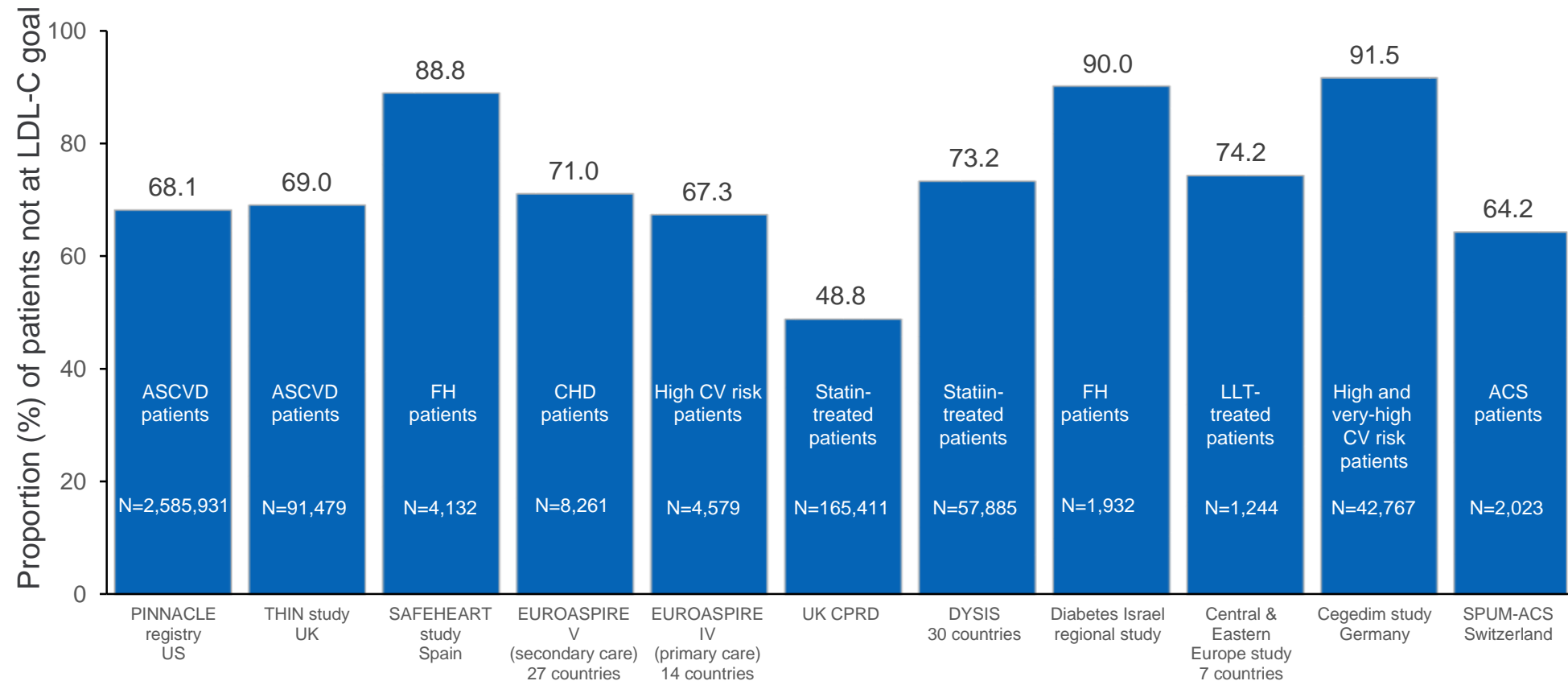
Treatment goals for LDL-C across categories of total cardiovascular disease risk



www.escardio.org/guidelines

2019 ESC/EAS Guidelines for the management of dyslipidaemias: lipid modification to reduce cardiovascular risk (European Heart Journal 2019 -doi: 10.1093/eurheartj/ehz455)

Despite efficacious LDL-C lowering therapies: High and very high-risk patients are failing to achieve LDL-C goals



Circulation. [2019;140\(S1\):A12904](#); *BMJ Open.* [2017;7:e013255](#); *JACC.* [2016;67:1278](#); *Atherosclerosis.* [2019;285:135](#); *Eur J Prev Cardiol.* [2016;23:2007](#); *Heart.* [2016;92:1011](#); *Atherosclerosis.* [2016;255:200](#); *Eur J Prev Cardiol.* [2017;24:867](#); *Adv Ther.* [2019;36:608](#); *Atherosclerosis.* [2018;268:99](#); *J Am Heart Assoc.* [2017;6:e01537](#).

DA VINCI study demonstrates current gaps in reaching 2016 and 2019 ESC/EAS LDL-C goals



Overall, 54% attained overall risk-based 2016 goal

- Low risk: 63%;
moderate risk: 75%;
high risk: 63%;
very high risk: 39%

Only **33%**
attained overall
2019 goal

In patients with established **ASCVD**,
2019 goal attainment was approximately half that of 2016
(18% vs 39%, respectively)

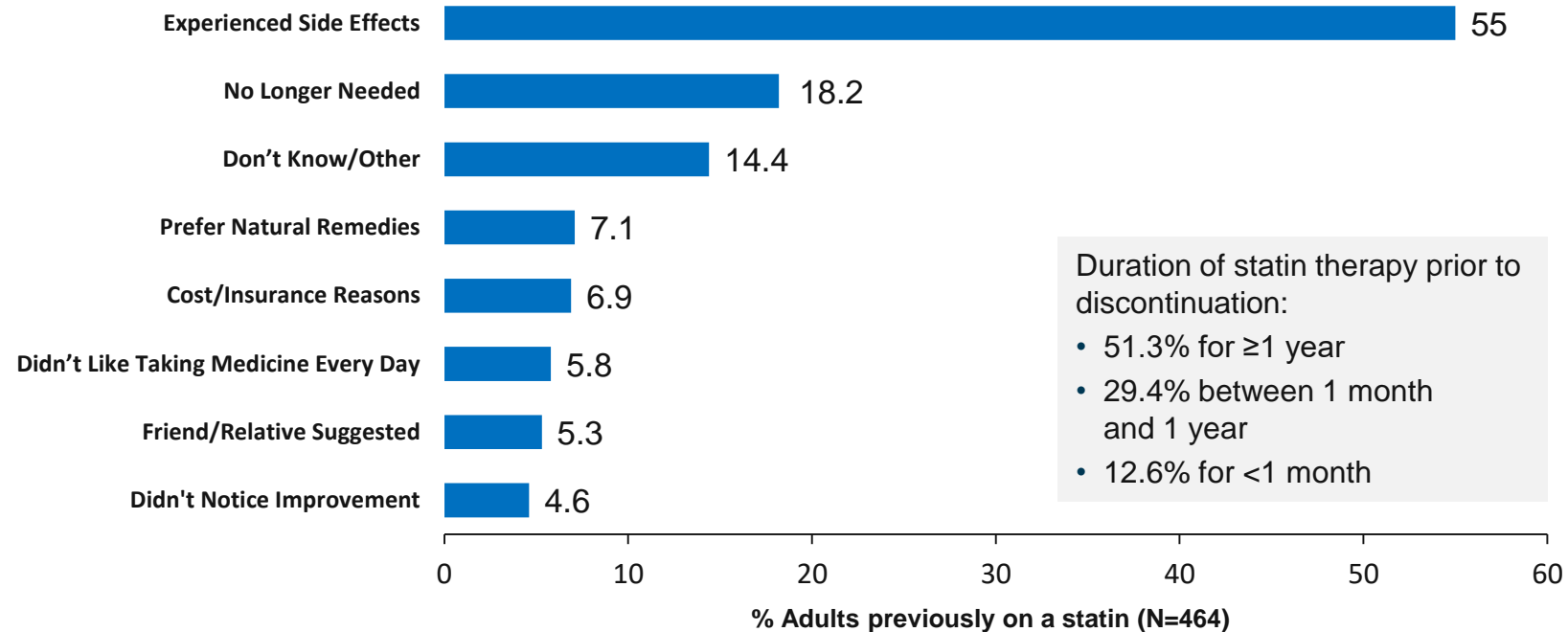
Potential reasons for failure to achieve ESC/EAS guideline recommended LDL-C values

- Lack of HCP familiarity with guidelines
- High cost of medications such as PCSK9 mAb inhibitors
- Patient reluctance to be treated with high-intensity LLT
- Concern about statin-related AEs

The authors concluded that “even with optimized statins, greater utilization of non-statin LLT is likely needed to reduce these gaps for patients at highest risk”

Perceived side effects are the leading cause of statin discontinuation

Patient-reported reasons for statin discontinuation: insights from PALM registry



Therapy interruptions are observed with monoclonal antibodies directed against PCSK9



Retrospective analysis of 6151 patients from a commercial insurance database in the United States initiating PCSK9mAb inhibitors

52.2% of patients

experienced an interruption in PCSK9mAb inhibitor therapy of at least 30 days within 1 year of its initiation

- **Only 63%** remained on a PCSK9mAb inhibitor 1 year after its initiation



44% of patients

experienced an interruption in all lipid-lowering therapy by 1 year of initiation of PCSK9mAb inhibitor

- **27%** were no longer on any lipid-lowering therapy 1 year after initiating a PCSK9mAb inhibitor



Research on ACS management

Atherosclerosis Supplements 42 (2020) e49–e58



Contents lists available at ScienceDirect

Atherosclerosis Supplements

journal homepage: www.elsevier.com/locate/atherosclerosis



Lipid-lowering therapy and low-density lipoprotein cholesterol goal achievement in patients with acute coronary syndromes: The ACS patient pathway project

Ulf Landmesser ^a, Angela Pirillo ^b, Michel Farnier ^c, J. Wouter Jukema ^d, Ulrich Laufs ^e, François Mach ^f, Luis Masana ^g, Terje R. Pedersen ^h, François Schiele ⁱ, Gabriel Steg ^j, Marco Tubaro ^k, Azfar Zaman ^l, Pepe Zamorano ^m, Alberico L. Catapano ^{n,*}

Atherosclerosis 2020;40:e49-e58

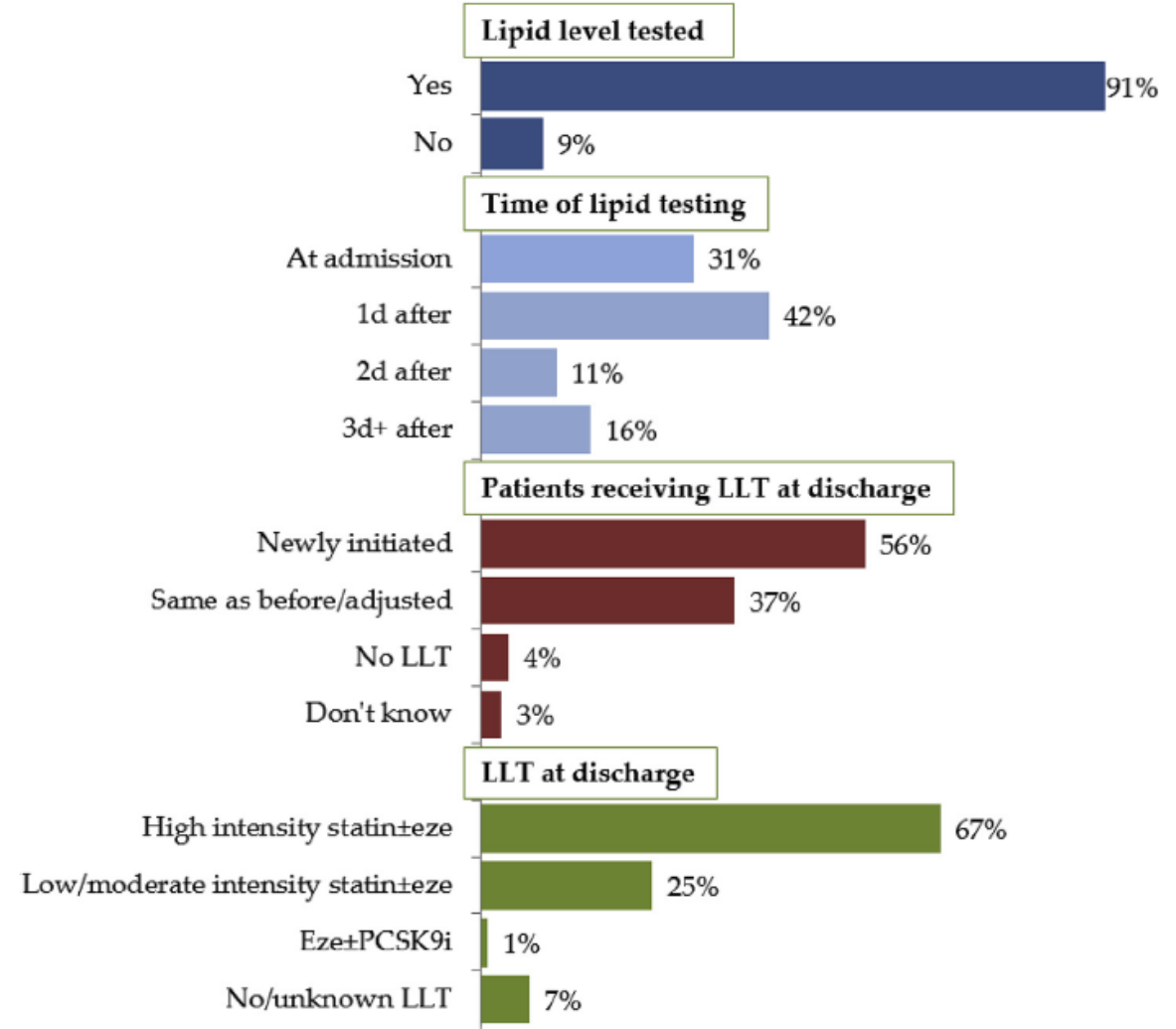


Fig. 1. Percentages of patients who had lipid levels tested and pharmacological approaches during acute phase. LLT: lipid-lowering therapy.

Research on ACS management

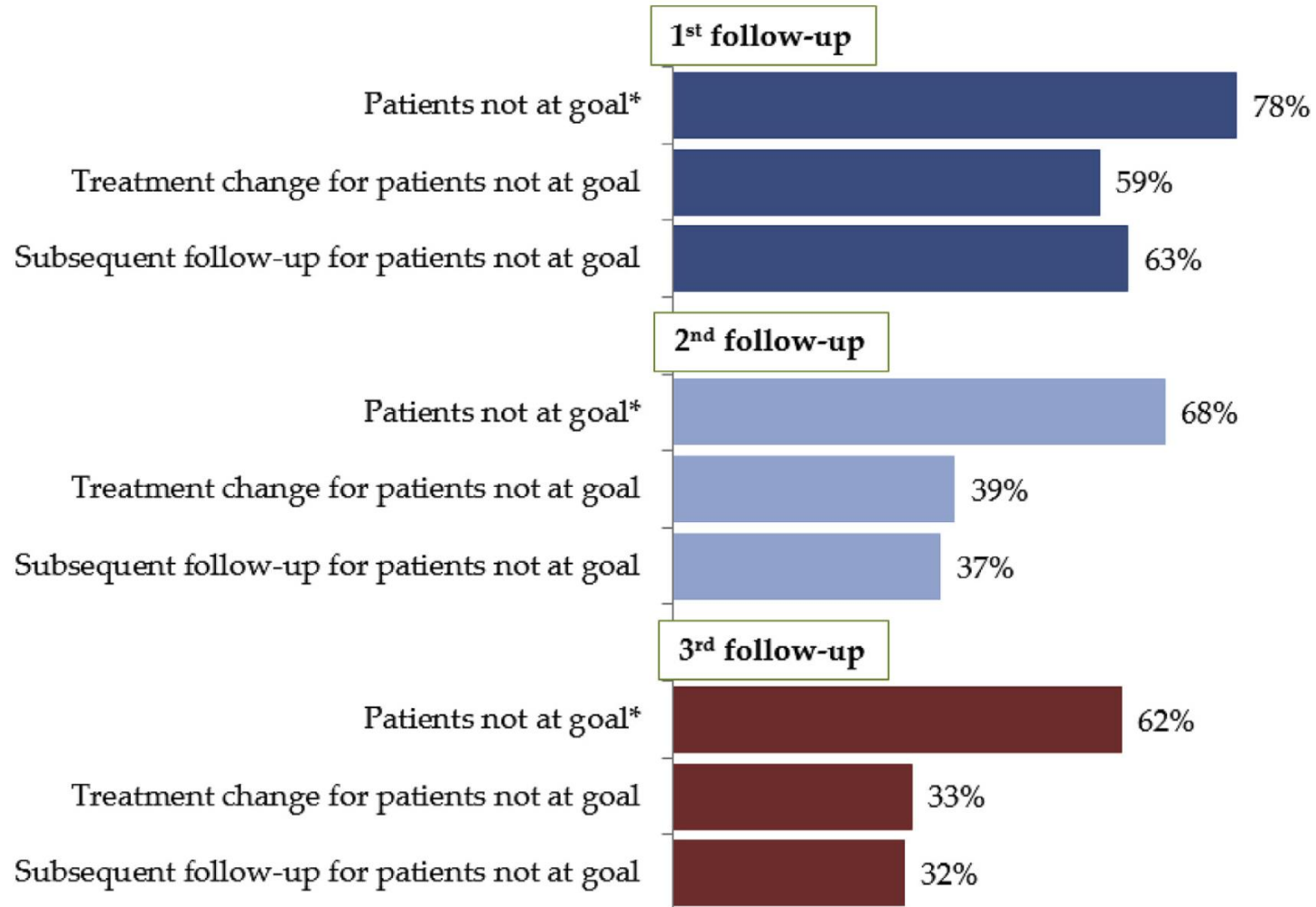


Fig. 4. Percentages of patients not at goal, treatment changes and subsequent follow-up planning during three follow-up visits. *>70 mg/dL.

Research on ACS management

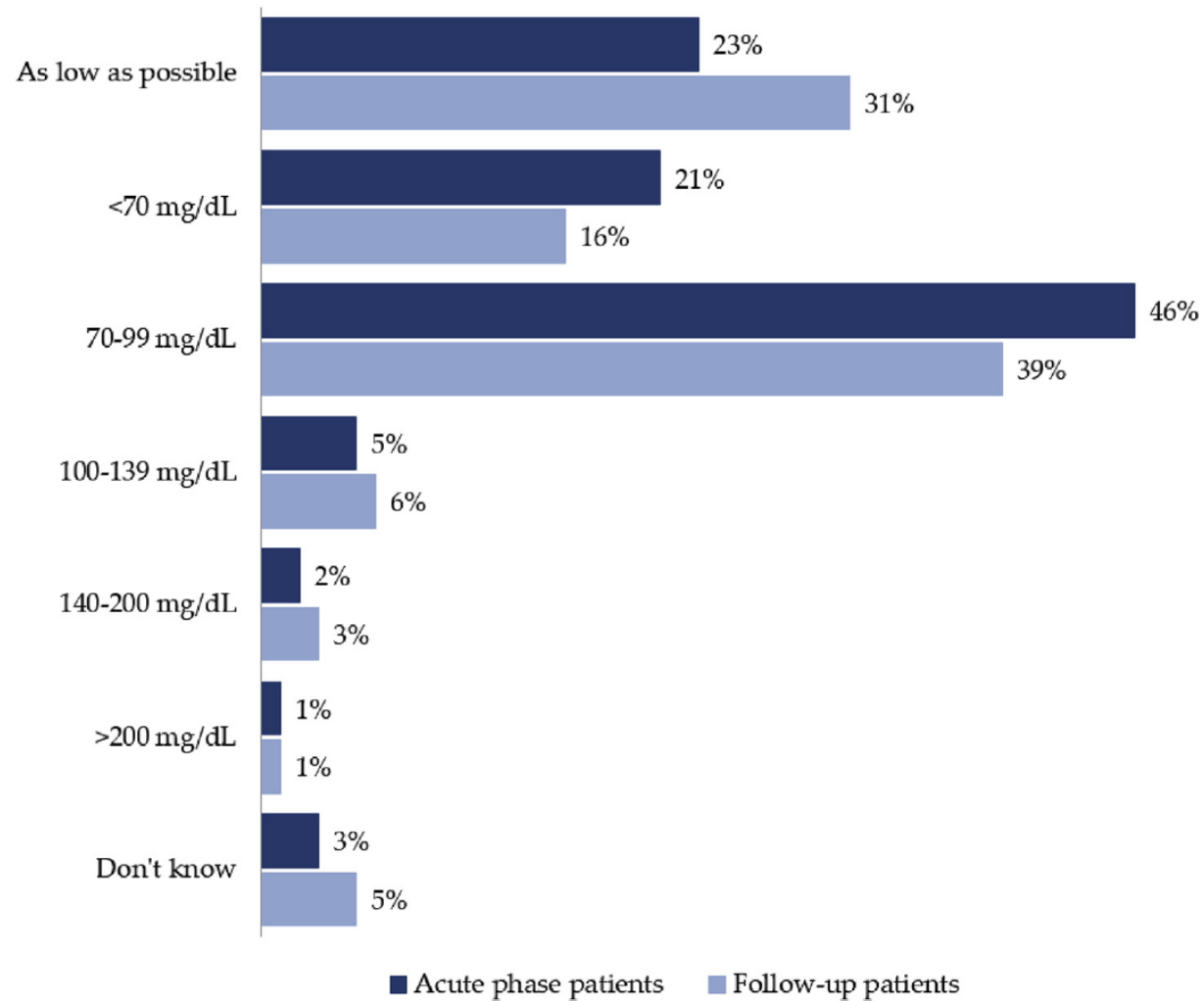
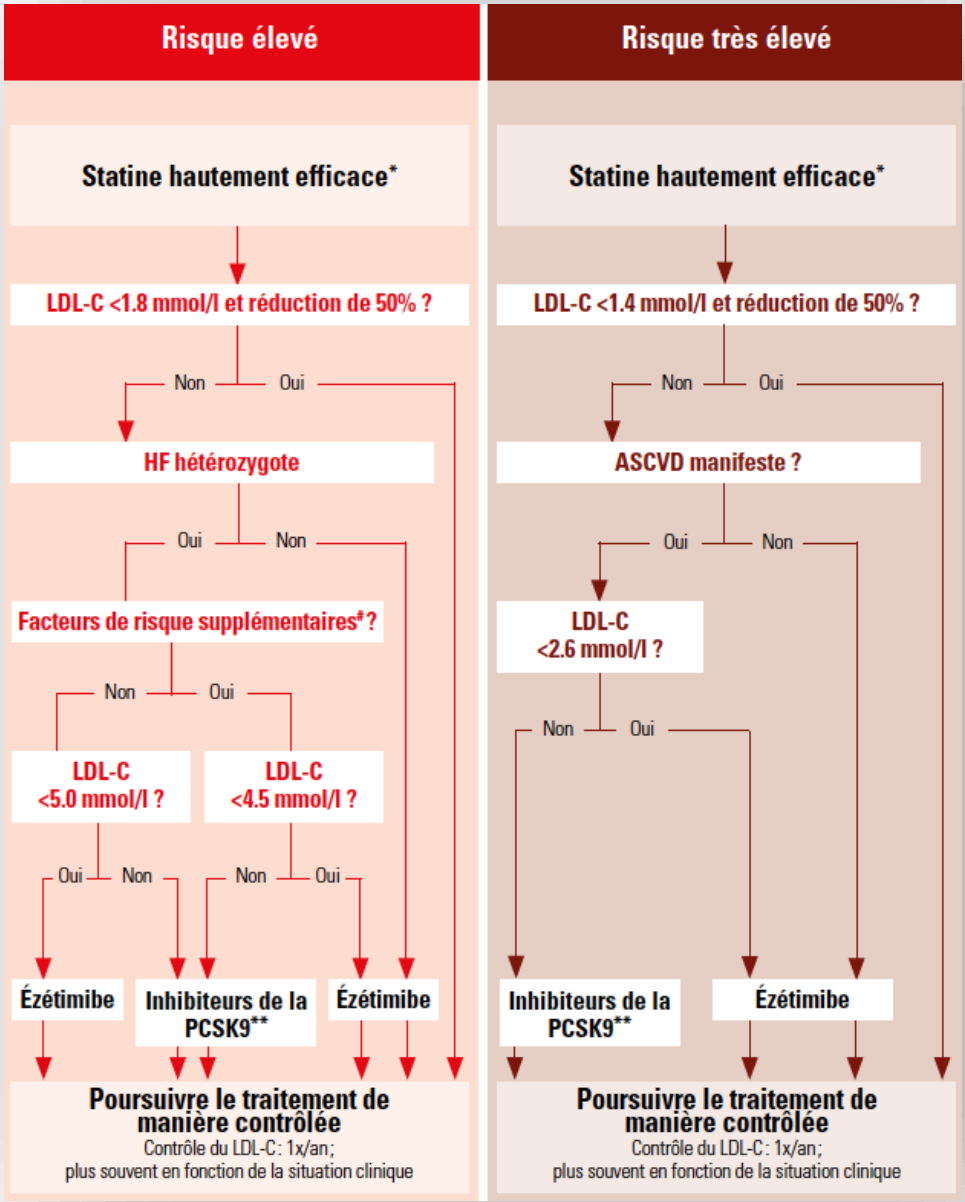
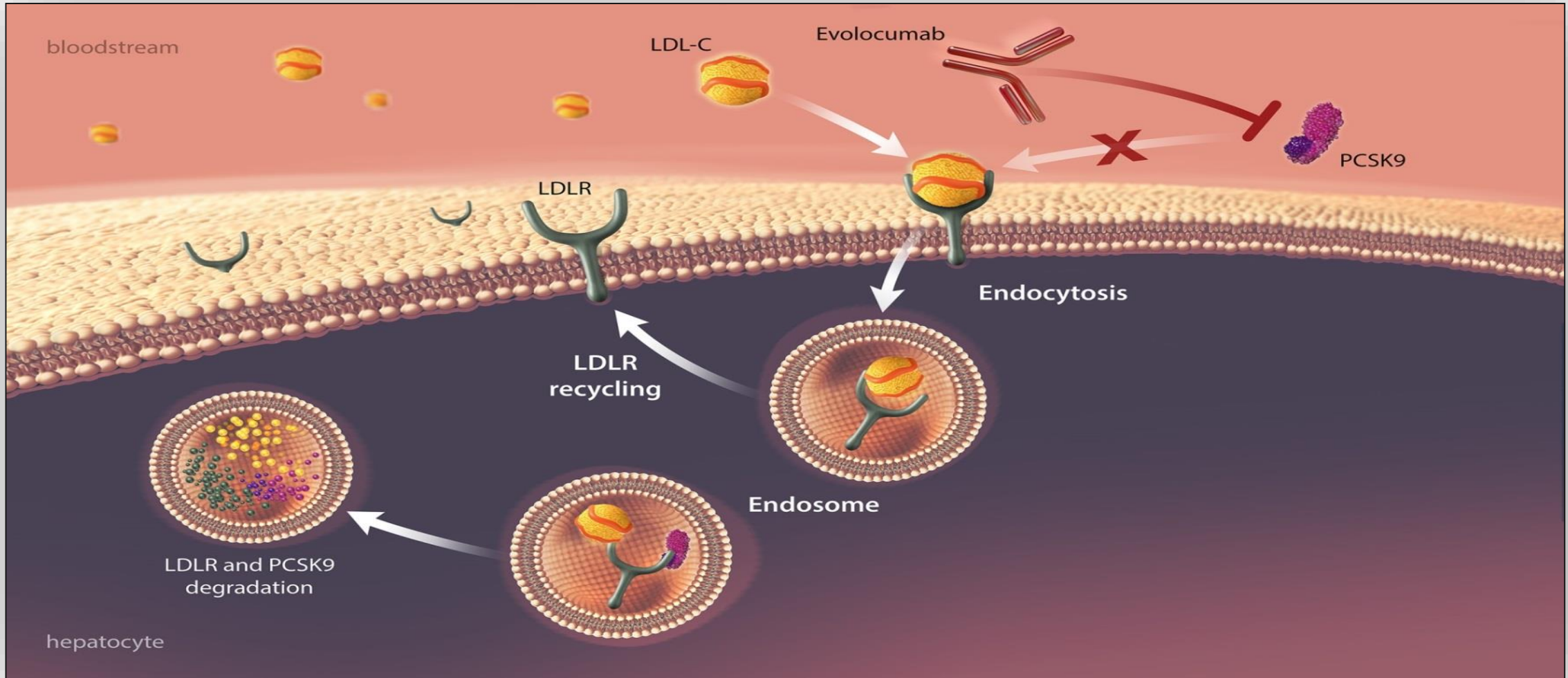


Fig. 6. LDL-C goal for acute phase and follow-up patients, as indicated by cardiologists during the survey.

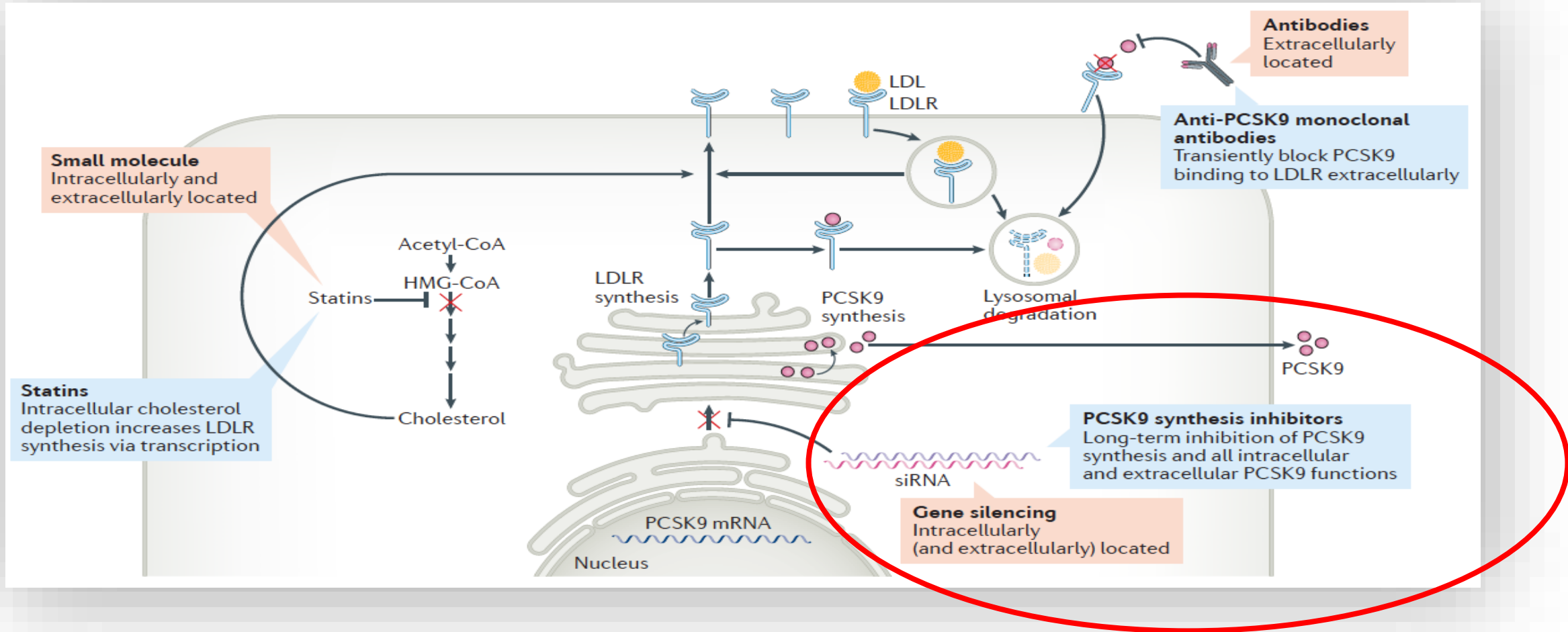
AGLA/GSLA lipid guidelines (www.agla.ch)



Fully human monoclonal antibody against PCSK9 inhibits PCSK9/LDL-R interaction

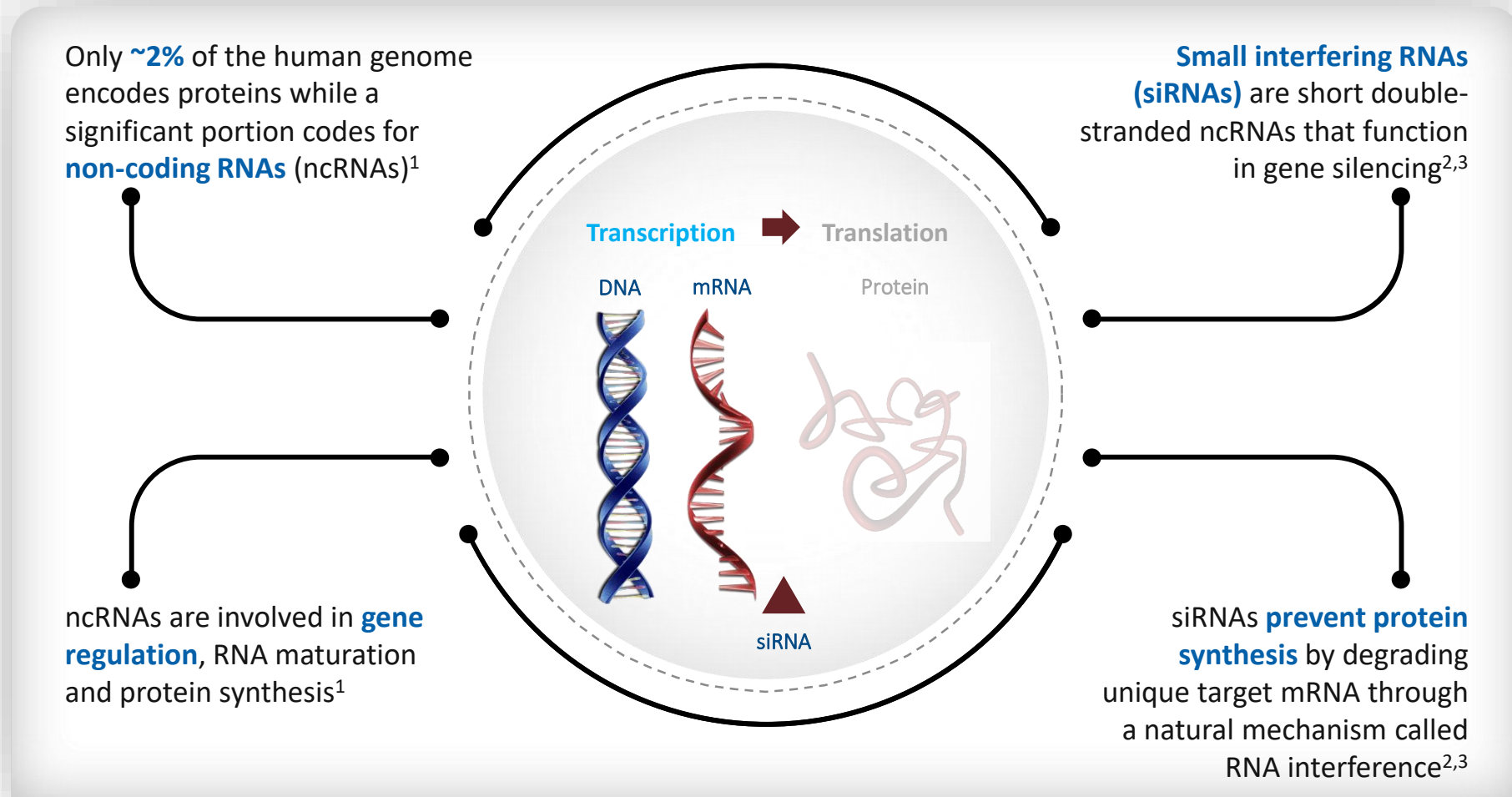


Approaches to reduce LDL-C levels



Gene-Protein Synthesis

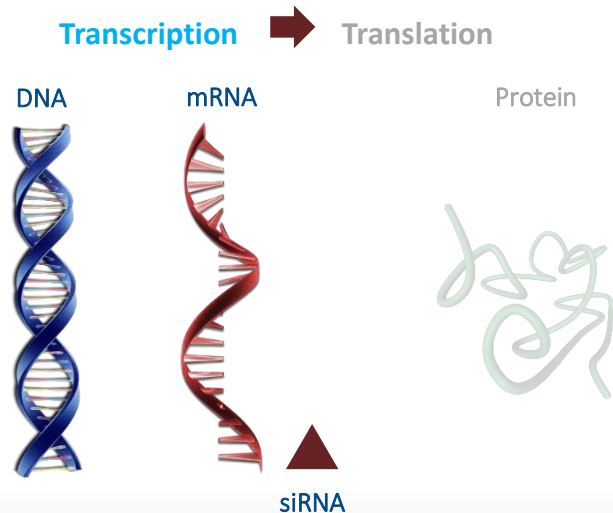
Non-coding RNAs



¹*Vascul Pharmacol.* 2019;114:64 ²*Mol Ther Nucleic Acids.* 2015;4:e252 ³*Annu Rev Biophys.* 2013;42:217

RNA Therapeutics

Synthetic small RNA



In 2006, Andrew Fire and Craig Mello were awarded the Nobel Prize for Physiology or Medicine for their discovery of RNAi, initiating an era of RNA therapeutics (highly specific drugs)¹

RNAi therapeutics harness the natural biologic pathway of RNAi to regulate expression of specific genes²

Advances in RNA therapeutics focus on gene silencing using synthetic short ncRNA, including siRNA, to regulate and/or silence target genes^{2,3}

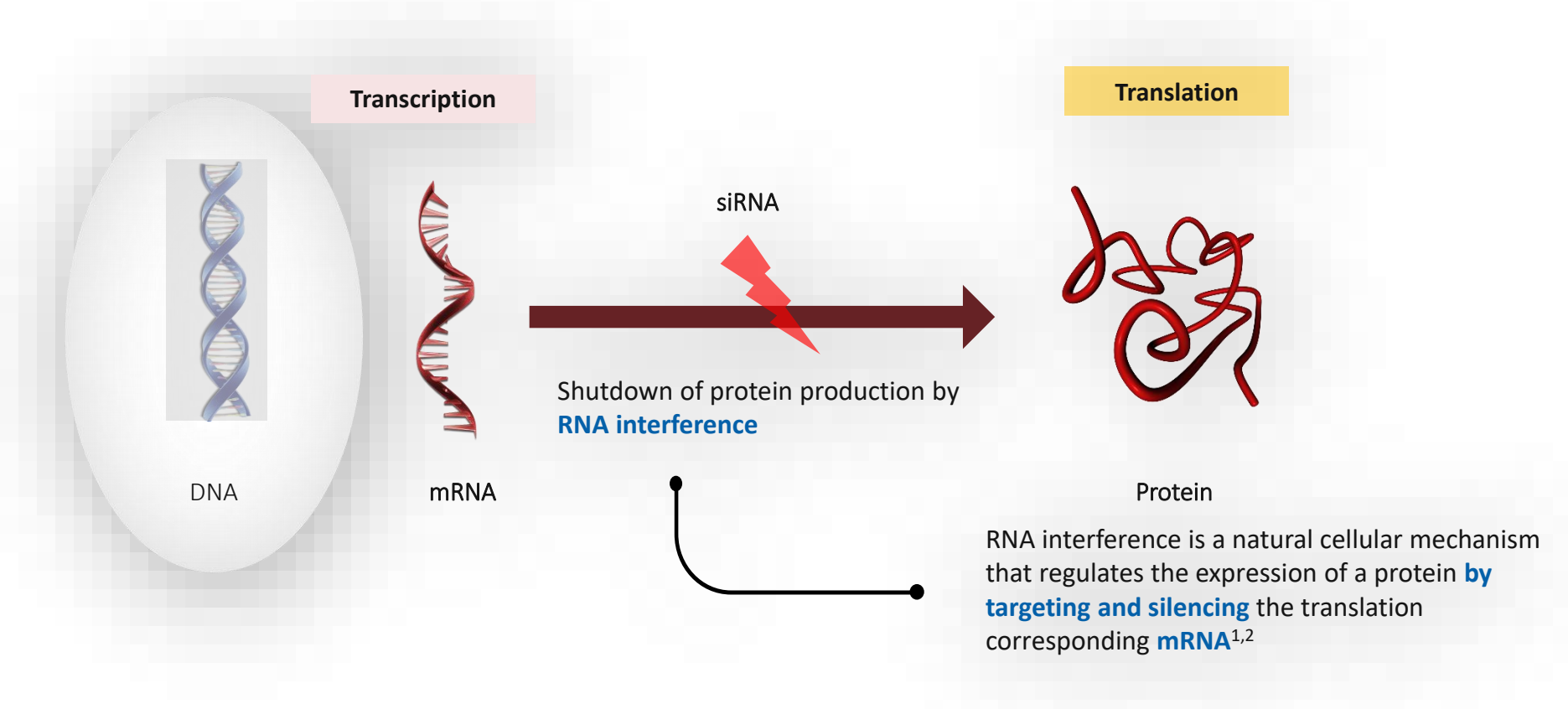
Synthetic siRNA targets a unique mRNA nucleotide sequence and can theoretically target any gene of interest²

¹The Nobel Prize in Physiology or Medicine 2006. NobelPrize.org. <https://www.nobelprize.org/prizes/medicine/2006/summary>

²*Mol Ther Nucleic Acids*. 2015;4:e252

³*Cell Metab*. 2018;27:714

RNA interference enables a cell to specifically shut down protein production



¹Mol Ther Nucleic Acids. 2015;4:e252 ²Annu Rev Biophys. 2013;42:217

What is inclisiran ?

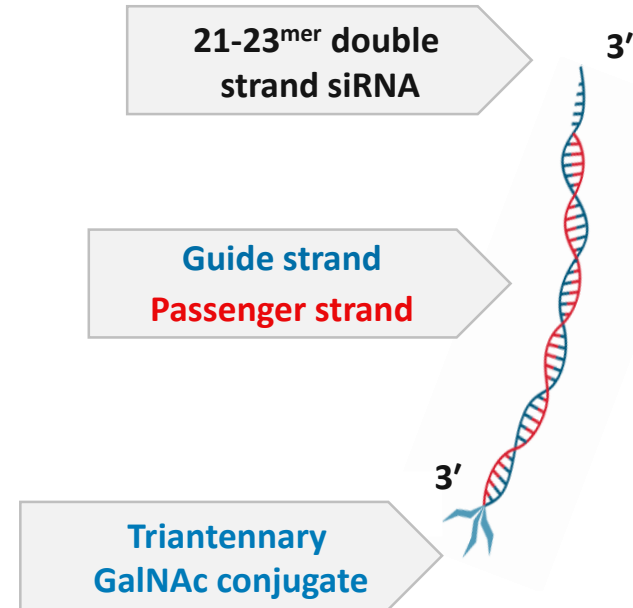
Small interfering RNA

- Synthetic small interfering RNA (siRNA) conjugated with triantennary GalNAc carbohydrate^{1,2}
- Utilizes the natural RNA interference mechanism to degrade PCSK9 mRNA and prevent its translation to protein²

Chemical Modifications^{3,4}

- 2'-fluoro and 2'-O-methyl modifications to **increase compound stability**
- Backbone phosphodiester linkages modified with phosphorothioates **to protect from degradation** by liver exonucleases
- Triantennary GalNAc conjugation for **targeted hepatic delivery**

Inclisiran

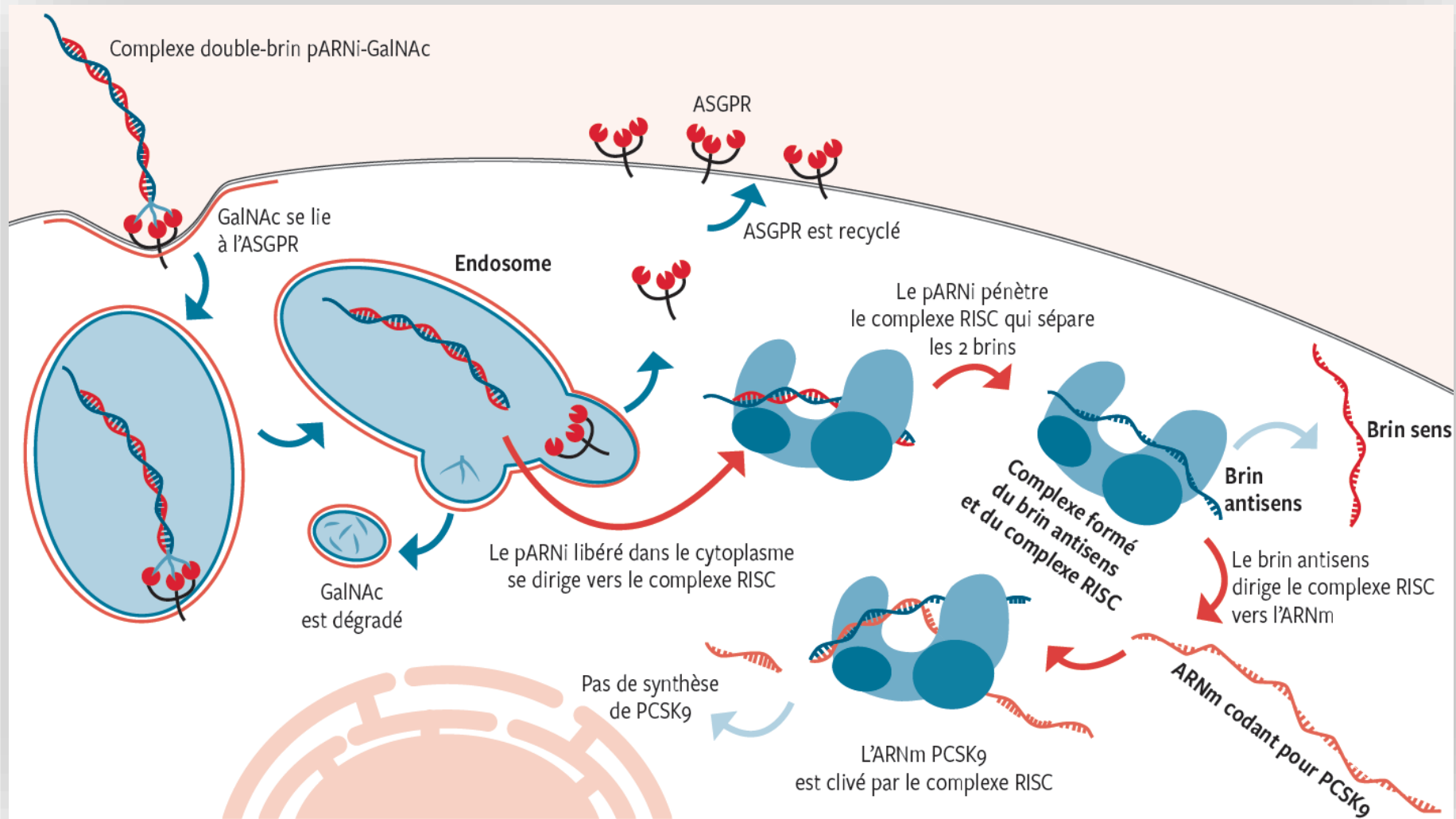


¹*Circ Res.* 2017;120:1063 ²*N Engl J Med.* 2017;376:41

³Data on file. Inclisiran. Investigator's Brochure. Novartis Pharmaceuticals Corp; 2018 ⁴*N Engl J Med.* 2017;376:4

Mechanism of action

GalNAc conjugation enables rapid uptake of inclisiran into hepatocytes via asialoglycoprotein receptor (ASGPR)



Inclisiran treatment

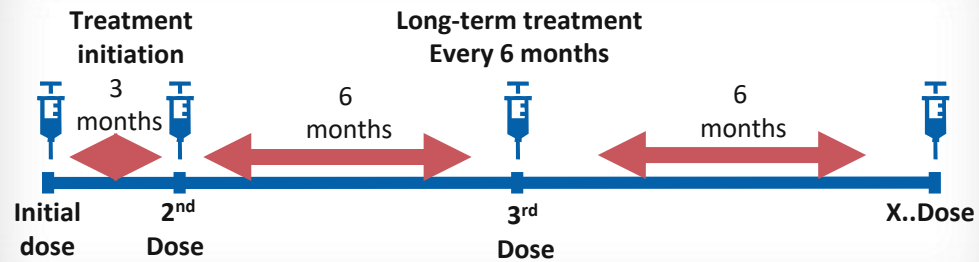
Dose & administration

Injection^{1,2}

1.5 mL solution per syringe

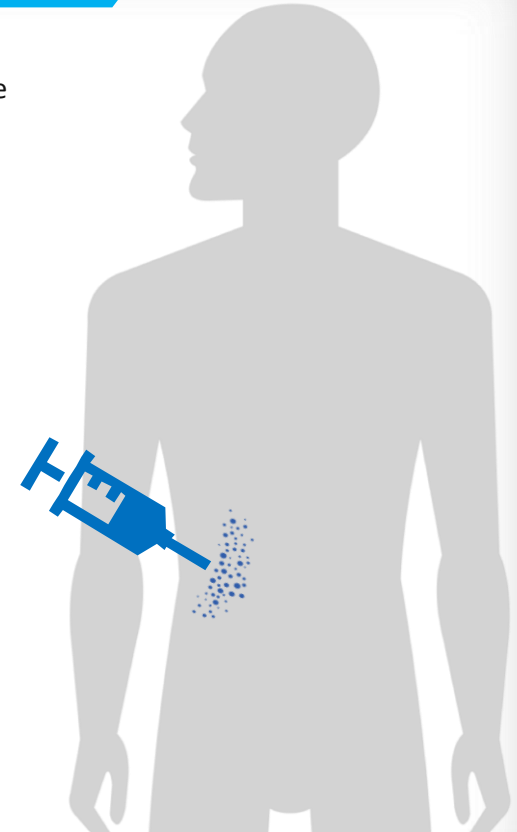
- 300 mg inclisiran sodium*
- Water as the diluent
- Sodium hydroxide and phosphoric acid (pH 7)
- Stored at room temperature

Dose regimen^{1,2}



Administration^{1,2}

Subcutaneous injection in the abdomen by healthcare professionals



Inclisiran clinical studies

ORION development program

Étude	Phase clinique	Patients (N)	Population étudiée	Durée de suivi	Critère de jugement	Référence ClinicalTrials.gov
ORION-1	II	500	ASCVD ou ASCVD RE	180 jours	Baisse du LDL-C	NCT02597127 ⁴⁰
ORION-2	II	4	HFHo	180 jours	Baisse du LDL-C	NCT02963311
ORION-3	II	490	ASCVD ou ASCVD RE	48 mois	Baisse du LDL-C	NCT03060577
ORION-4	IIIb	15 000	ASCVD ou ASCVD RE	60 mois	MACE	NCT03705234
ORION-5	III	45	HFHo	24 mois	Baisse du LDL-C	NCT03851705
ORION-6	I	24	Insuffisance hépatique	180 jours	Pharmacocinétique	NCT04765657
ORION-7	I	31	Insuffisance rénale	60 jours	Pharmacocinétique	NCT03159416 ⁴⁰
ORION-8	III	3700	ASCVD ou ASCVD RE ou HFHe/HFHo	36 mois	Baisse du LDL-C	NCT03814187
ORION-9	III	482	HFHe	18 mois	Baisse du LDL-C	NCT03814187
ORION-10	III	1561	ASCVD	18 mois	Baisse du LDL-C	NCT03399370 ¹⁷
ORION-11	III	1617	ASCVD ou ASCVD RE	18 mois	Baisse du LDL-C	NCT03400800 ¹⁷
ORION-12	I	48	Population saine	180 jours	QT et ECG	-
ORION-13	III	12	HFHo chez l'adolescent (de 12 à < 18 ans)	24 mois	Baisse du LDL-C	NCT04659863
ORION-14	I	40	Étude de recherche de dose	-	Baisse du LDL-C	NCT04774003
ORION-15	II	308	Étude de recherche de dose, ASCVD	270 jours	Baisse du LDL-C	NCT04666298
ORION-16	III	150	HFHe chez l'adolescent (de 12 à < 18 ans)	24 mois	Baisse du LDL-C	NCT04652726

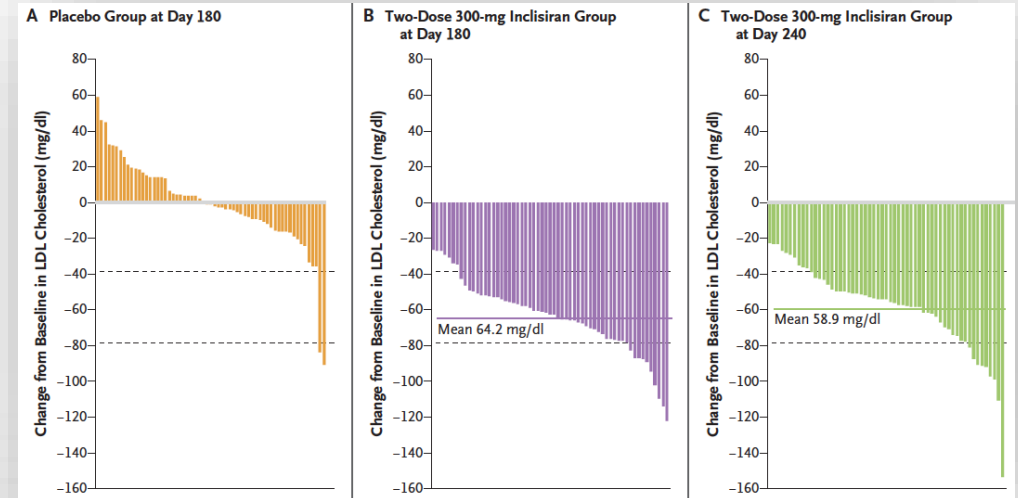
Lowering PCSK9 with siPCSK9

The NEW ENGLAND JOURNAL of MEDICINE

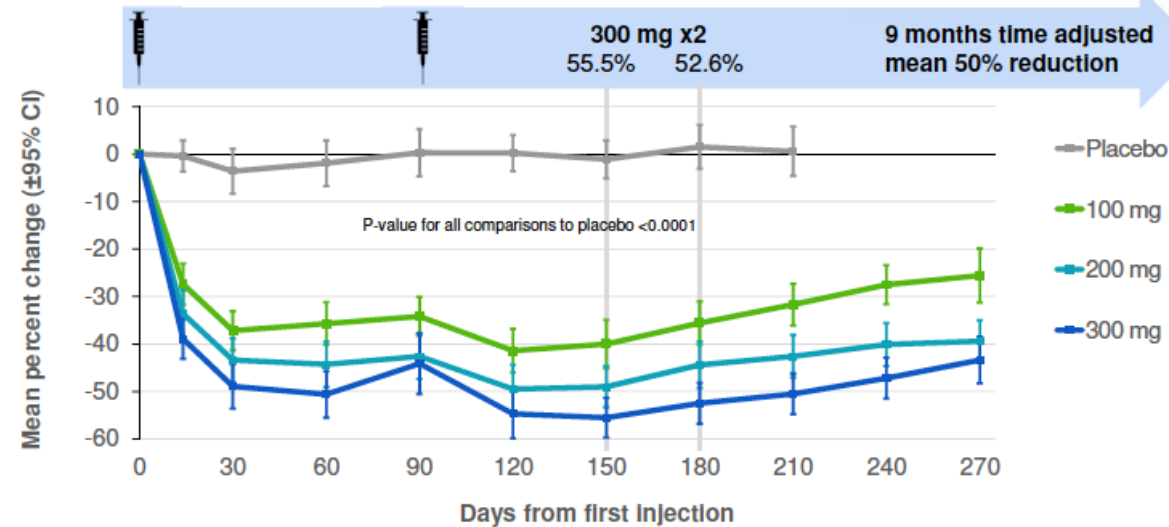
ORIGINAL ARTICLE

Inclisiran in Patients at High Cardiovascular Risk with Elevated LDL Cholesterol

Kausik K. Ray, M.D., Ulf Landmesser, M.D., Lawrence A. Leiter, M.D., David Kallend, M.D., Robert Dufour, M.D., Mahir Karakas, M.D., Tim Hall, M.D., Roland P.T. Troquay, M.D., Traci Turner, M.D., Frank L.J. Visseren, M.D., Peter Wijngaard, Ph.D., R. Scott Wright, M.D., and John J.P. Kastelein, M.D., Ph.D.



Efficacy: Two dose starting regimen Robust, sustained LDL-C reductions – optimal start regimen



Lowering PCSK9 with siPCSK9

The NEW ENGLAND JOURNAL of MEDICINE

ORIGINAL ARTICLE

Two Phase 3 Trials of Inclisiran in Patients with Elevated LDL Cholesterol

Kausik K. Ray, M.D., M.Phil., R. Scott Wright, M.D., David Kallend, M.D., Wolfgang Koenig, M.D., Lawrence A. Leiter, M.D., Frederick J. Raal, Ph.D., Jenna A. Bisch, B.A., Tara Richardson, B.A., Mark Jaros, Ph.D., Peter L.J. Wijngaard, Ph.D., and John J.P. Kastelein, M.D., Ph.D., for the ORION-10 and ORION-11 Investigators*

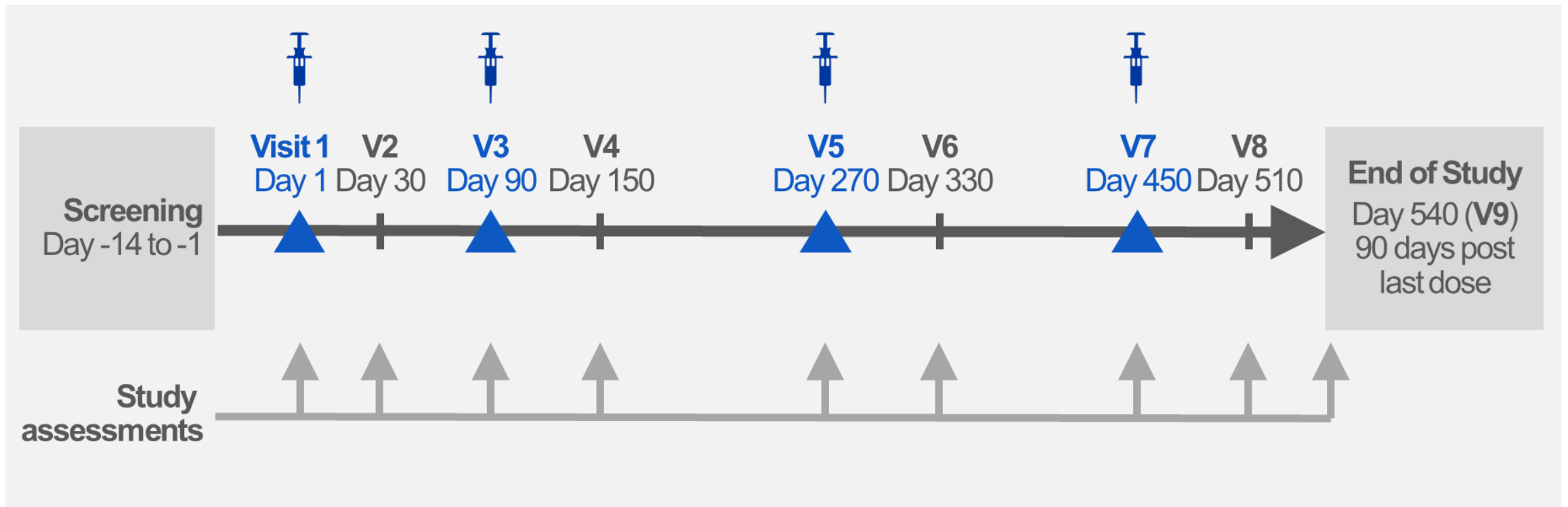
**Efficacy and safety of Inclisiran vs placebo
in patients with very high cardiovascular risk,
with ASCVD or ASCVD-Risk Equivalent ***

*Type-2 Diabetes, familial hypercholesterolemia or 10-year risk $\geq 20\%$

ORION-11: Study design

Eighteen months treatment and observation

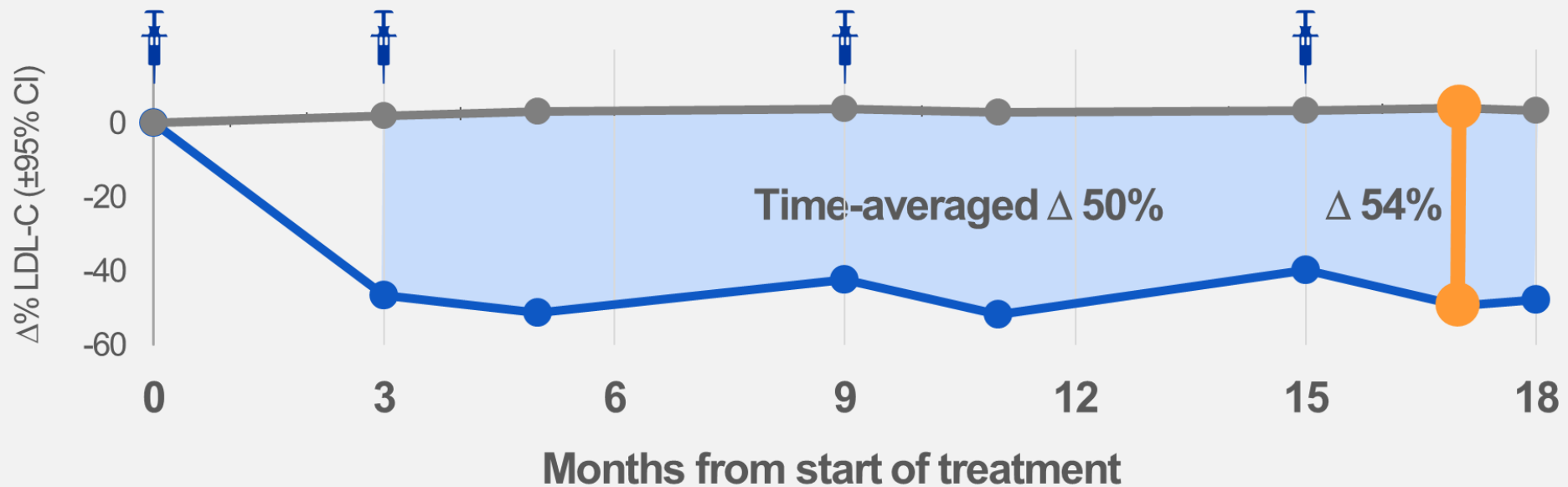
Randomized 1:1 inclisiran 300 mg vs. placebo – with maximally tolerated statins



ORION-11: Efficacy

Durable, potent and consistent effect over 18 months

Percent change in LDL-C over time – observed values in ITT patients

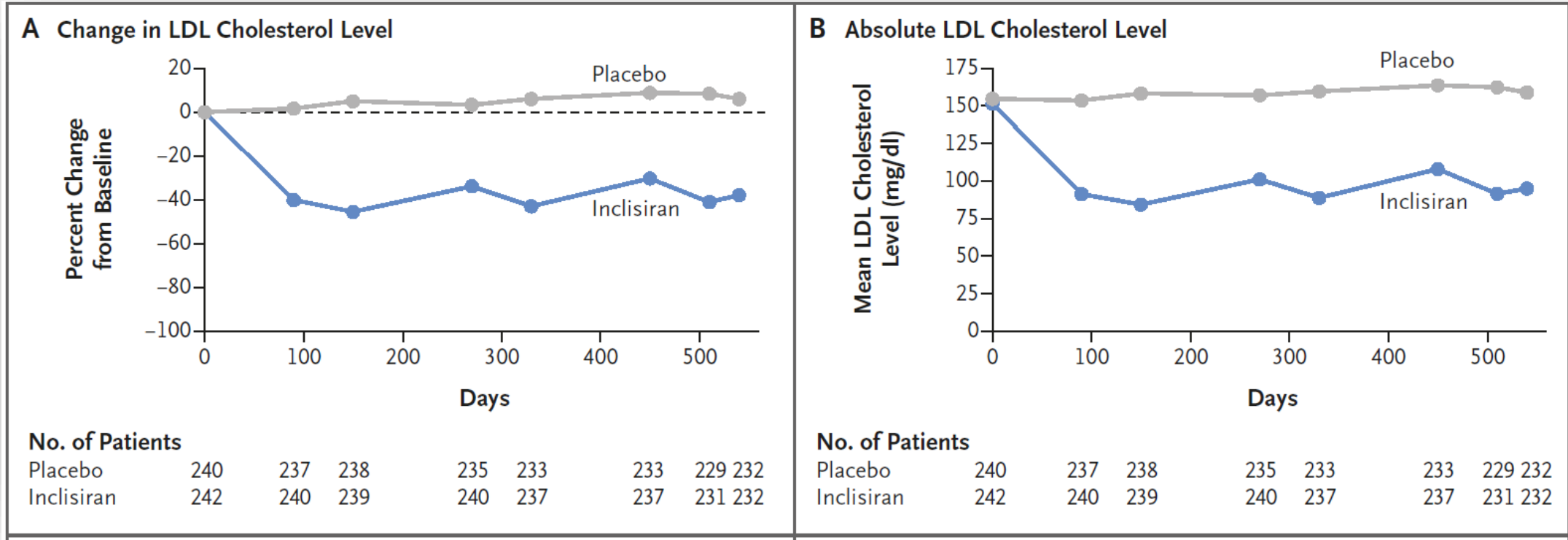


P-value for placebo – inclisiran comparison at each time point <0.00001

1. All 95% confidence intervals are less than $\pm 2\%$ and therefore are not visible outside data points

ORION-11: Efficacy

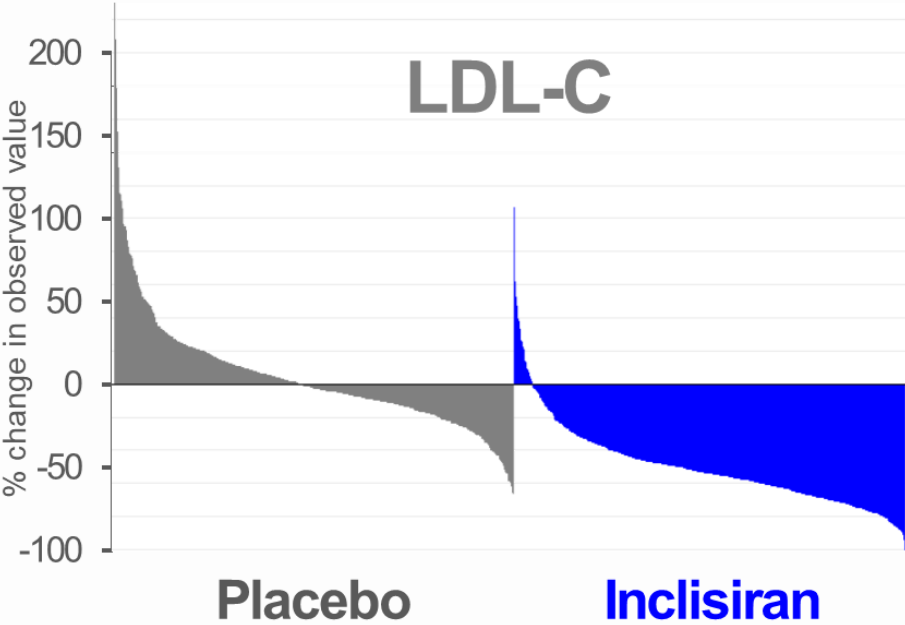
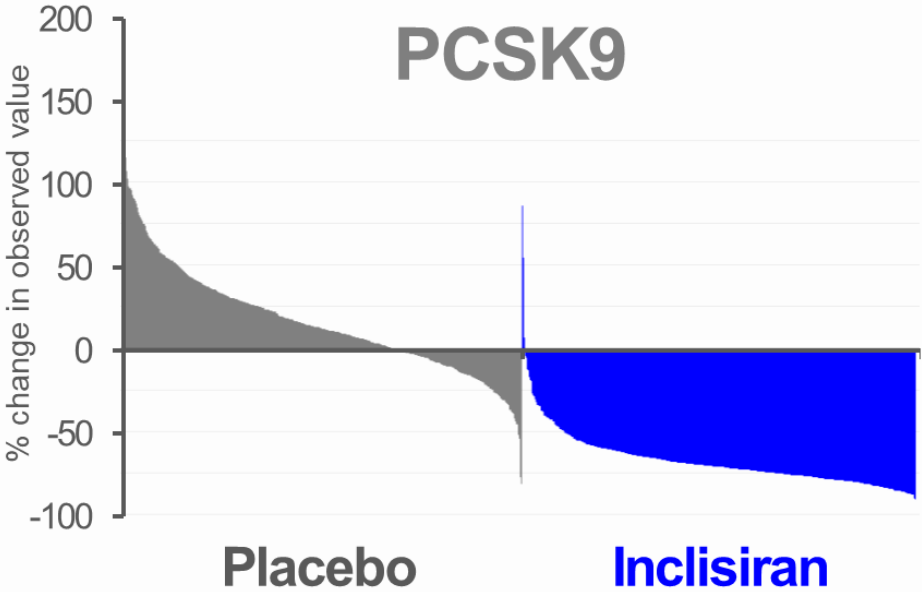
Durable, potent and consistent effect over 18 months



ORION-11: Efficacy

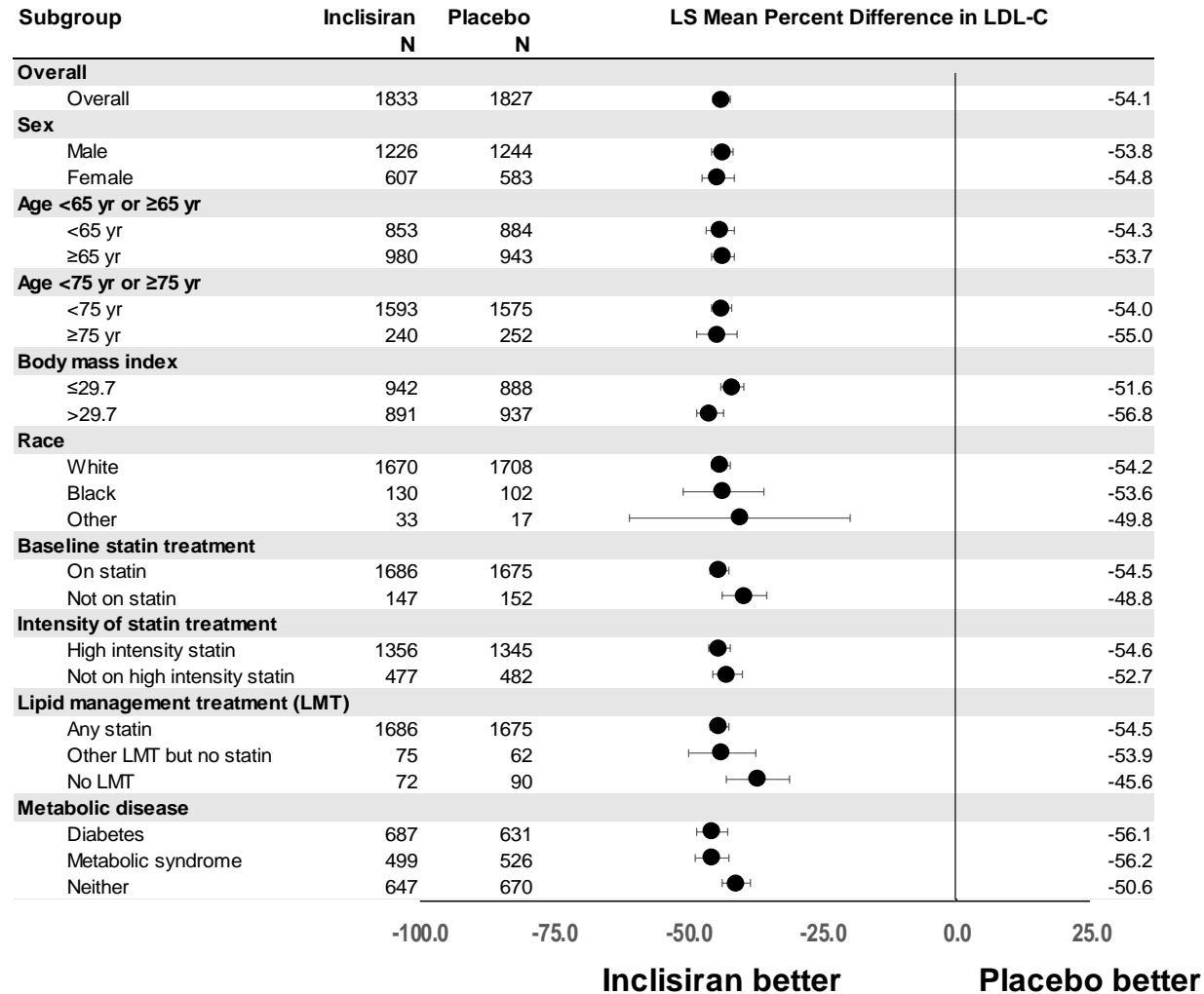
Potent, consistent response to inclisiran

Individual patient responses contributing to primary endpoint – 17 months



ORION Phase III pooled analysis: Efficacy

Robust ↓LDL-C across pre-specified sub-populations



ORION-11: Safety and tolerability

Adverse event profile similar to placebo

Treatment Emergent Adverse Event (TEAE)	Placebo		Inclisiran	
Safety population ¹ – AEs in ≥5% patients	N = 807		N = 810	
Patients with at least one TEAE	655	(82%)	671	(83%)
Diabetes mellitus adverse events	94	(12%)	88	(11%)
Nasopharyngitis	90	(11%)	91	(11%)
Hypertension	54	(7%)	53	(7%)
Upper respiratory tract infection	49	(6%)	52	(6%)
Arthralgia	32	(4%)	47	(6%)
Osteoarthritis	40	(5%)	32	(4%)

1. Safety population includes all patients who received at least 1 dose of study medication

2. Other TEAEs reported with lower frequencies than 5% in any group had no clinically meaningful differences

ORION-11: Safety and tolerability

Injection site AEs localized, mostly mild and transient

Injection site TEAEs	Placebo		Inclisiran		Difference
Safety population ¹	N = 807		N = 810		
Protocol-defined skin event	4	(0.50%)	38	(4.69%)	4.19%
(Reaction, erythema, rash, pruritus, hypersensitivity)					
Mild	3	(0.37%)	23	(2.84%)	2.46%
Moderate	1	(0.13%)	15	(1.85%)	1.73%
Severe	0	(0.0%)	0	(0.0%)	
Persistent	0	(0.0%)	0	(0.0%)	

1. Safety population includes all patients who received at least 1 dose of study medication

ORION-11: Safety and tolerability

No evidence of liver, kidney, muscle or platelet toxicity

Laboratory Tests		Placebo		Inclisiran	
Safety population ^{1,2}		N = 804		N = 811	
Liver function	ALT >3x ULN	4	(0.5%)	4	(0.5%)
	AST >3x ULN	4	(0.5%)	2	(0.2%)
	ALP >2x ULN	2	(0.2%)	1	(0.1%)
	Bilirubin >2x ULN ³	8	(1.0%)	6	(0.7%)
Kidney function	Creatinine >2 mg/dL	11	(1.4%)	5	(0.6%)
Muscle	CK >5x ULN	9	(1.1%)	10	(1.2%)
Hematology	Platelet count <75x10 ⁹ /L	1	(0.1%)	0	(0.0%)

1. Safety population includes all patients who received at least 1 dose of study medication

2. Patients may be counted in more than one category

3. No cases met Hy's Law

ORION-11: Safety and tolerability

No difference in serious adverse events

Serious TEAEs	Placebo		Inclisiran	
Safety population ^{1,2}	N = 804		N = 811	
Patients with at least one serious TEAE	181	(22.5%)	181	(22.3%)
All cause death	15	(1.9%)	14	(1.7%)
Cardiovascular	10	(1.2%)	9	(1.1%)
Cancer	3	(0.4%)	3	(0.4%)
New, worsening or recurrent malignancy	20	(2.5%)	16	(2.0%)

1. Safety population includes all patients who received at least 1 dose of study medication

2. Patients may be counted in more than one category

ORION-11: Exploratory endpoint

Adverse cardiovascular events

Cardiovascular TEAEs	Placebo		Inclisiran	
Safety population ^{1,2}	N = 804		N = 811	
Pre-specified exploratory CV endpoint ³	83	(10.3%)	63	(7.8%)
Cardiovascular death	10	(1.2%)	9	(1.1%)
Fatal or non-fatal MI and stroke ⁴	30	(3.7%)	12	(1.5%)
Fatal or non-fatal MI	22	(2.7%)	10	(1.2%)
Fatal or non-fatal stroke	8	(1.0%)	2	(0.2%)

1. Safety population includes all patients who received at least 1 dose of study medication

2. Patients may be counted in more than one category

3. MedDRA-defined CV basket of non-adjudicated terms cardiac death, and any signs of cardiac arrest, non-fatal MI and/or stroke

4. Post-hoc analysis of hard endpoints

ORION-11: Summary

Twice-a-year inclisiran lowered LDL-C by $\geq 50\%$ safely

Efficacy

- ORION-11 met all primary and secondary endpoints
- Inclisiran reduced the primary LDL-C endpoint by 54% at 17 months, 50% time averaged
- Inclisiran resulted in potent, consistent PCSK9 knock down

Safety and tolerability

- Inclisiran safety profile was similar to placebo
- No adverse changes in laboratory markers
- Injection site events 4.2% - predominantly mild and none persistent

Exploratory endpoint

- Numerically fewer CV events were reported for inclisiran than placebo

ORION-11: Conclusions and implications

Inclisiran is the first cholesterol lowering siRNA

Inclisiran achieves durable and potent LDL-C reduction with only 2x yearly injection

Excellent safety profile in a high cardiovascular risk population

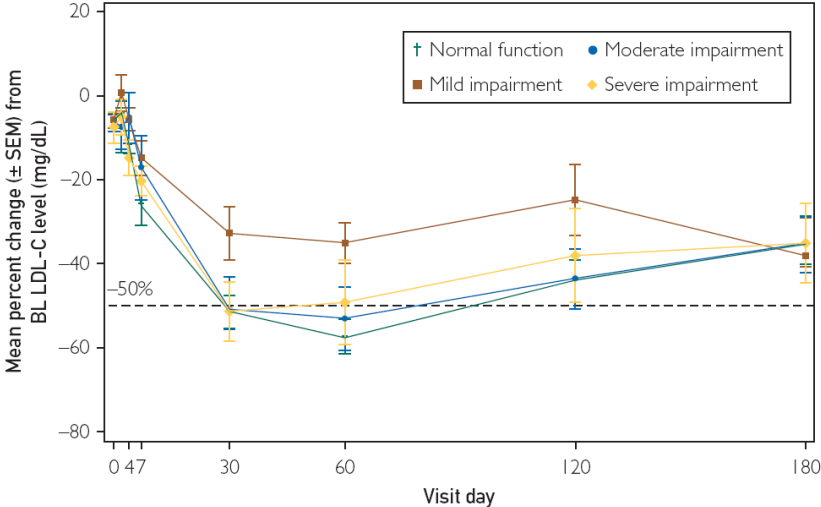
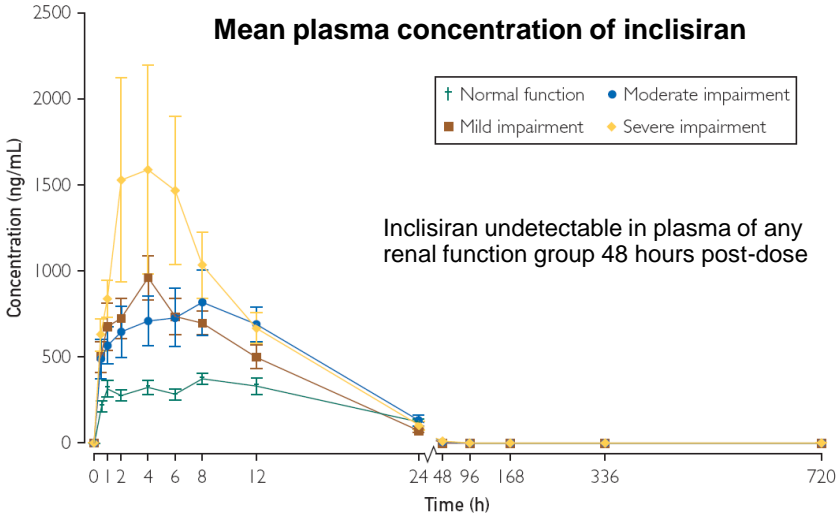
Administration by HCP potentially coincides with typical six-monthly patient visits

- Lends itself to routine clinical practice
- Enables provider control over medication adherence
- May offer patients meaningful new choices
- Offering safe, convenient and assured results

ORION-17: Renal impairment study

Dose adjustments unnecessary for impaired renal function

Single 300-mg dose, open-label study in subjects with various levels of renal function (n=31)



Inclisiran safety and tolerability were unaffected by renal impairment

PCSK9i and C-Reactive Protein

Open access

Research

BMJ Open Impact of PCSK9 monoclonal antibodies on circulating hs-CRP levels: a systematic review and meta-analysis of randomised controlled trials

Ye-Xuan Cao, Sha Li, Hui-Hui Liu, Jian-Jun Li

Am J Cardiovasc Drugs (2018) 18:271–282
<https://doi.org/10.1007/s40256-018-0270-7>



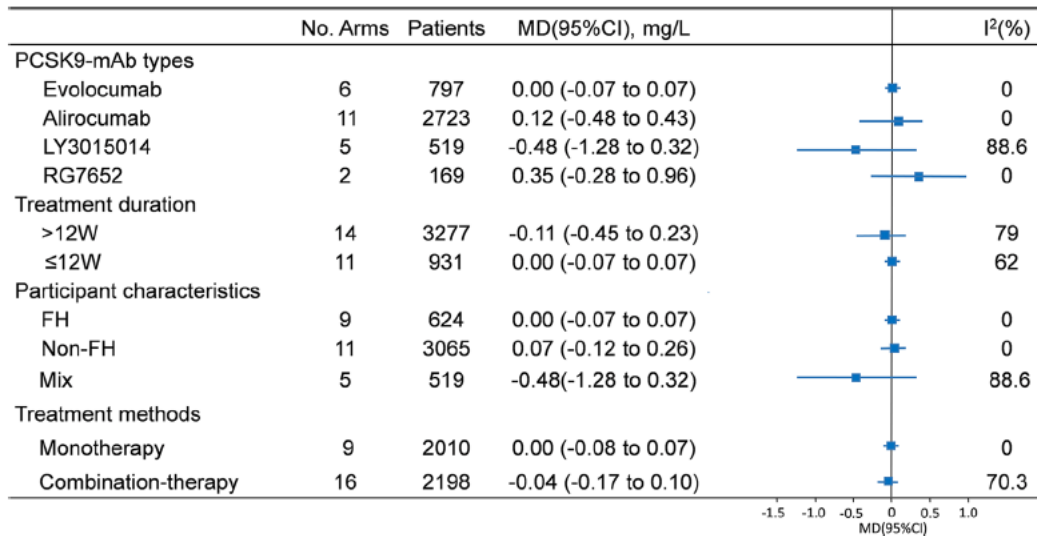
SYSTEMATIC REVIEW

Comparative Effectiveness of Inclisiran 100, 300, and 500 mg in a Population with Hyperlipidemia: A Network Meta-Analysis of Randomized Controlled Trials

Yang Wang¹ · Jinsong Wang¹ · Shenming Wang¹

The most commonly reported adverse events were musculoskeletal pain, nasopharyngitis, headache, and elevated C-reactive protein (CRP), none of which were significant ($p > 0.05$).

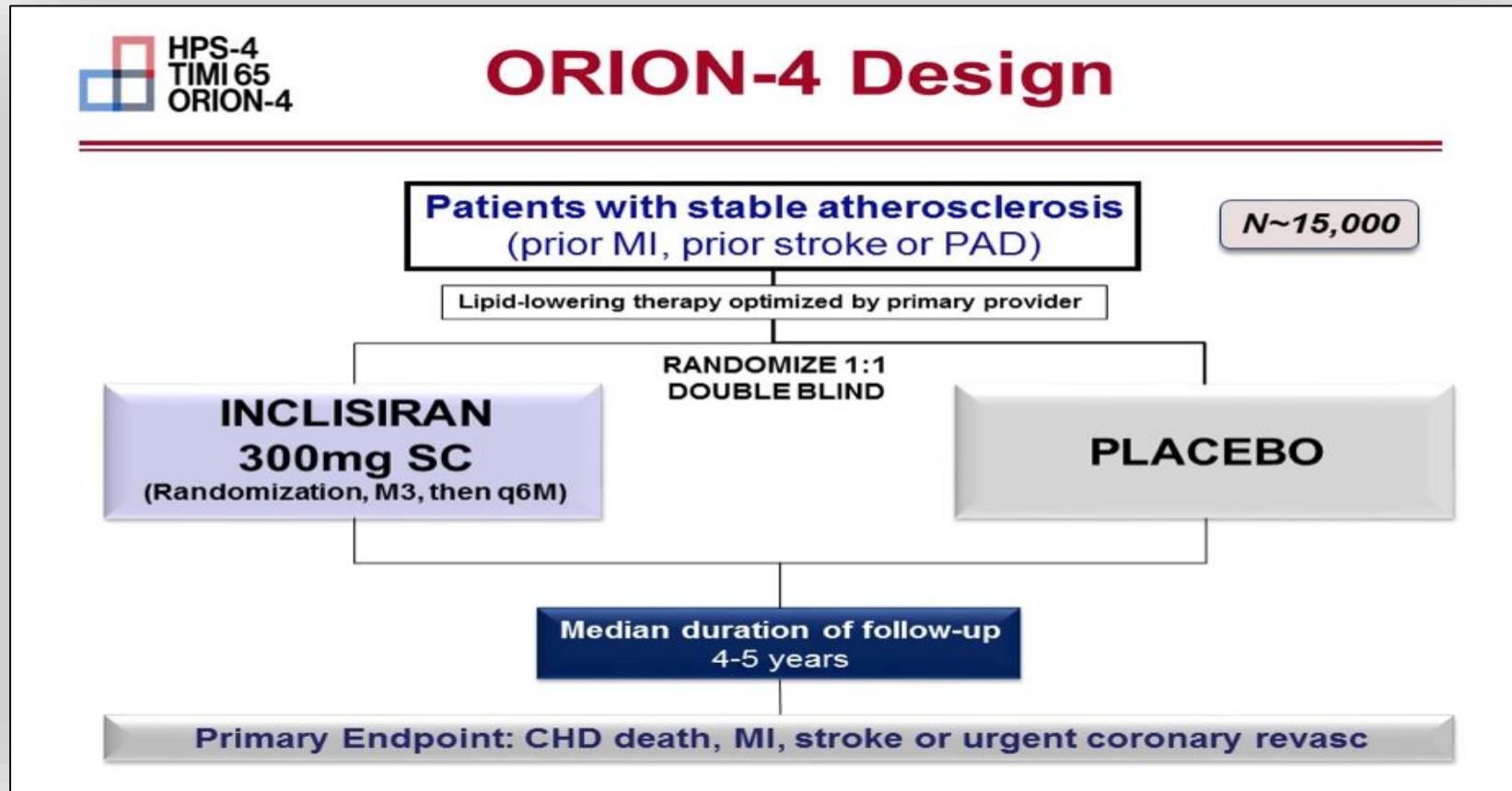
Am J Cardiovasc Drugs 2018;18:271



BMJ 2018;e022348

Opportunities and challenges for the future

Efficacy of different approaches to lipid lowering



Inclisiran / Leqvio®

Indications cliniques



EUROPEAN MEDICINES AGENCY
SCIENCE MEDICINES HEALTH

4. INFORMATIONS CLINIQUES

4.1 Indications thérapeutiques

Leqvio est indiqué chez l'adulte présentant une hypercholestérolémie primaire (hétérozygote familiale et non familiale) ou une dyslipidémie mixte, en complément d'un régime alimentaire :

- en association avec une statine seule ou une statine avec d'autres thérapies hypolipémiantes chez les patients ne pouvant atteindre les objectifs de LDL-C sous statine à dose maximale tolérée, ou
- seul ou en association avec d'autres thérapies hypolipémiantes chez les patients intolérants aux statines, ou chez qui les statines sont contre-indiquées.

4.2 Posologie et mode d'administration

Posologie

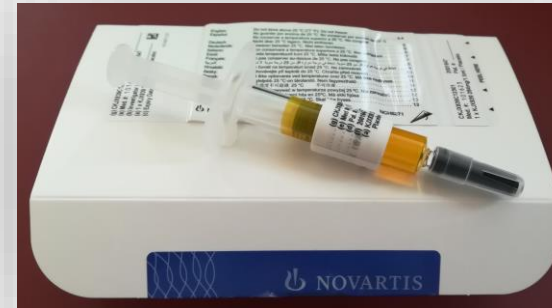
La dose recommandée est de 284 mg d'inclisiran administrée en une seule injection sous-cutanée : une première fois, puis à 3 mois, puis tous les 6 mois.

Inclisiran clinical studies

ORION development program

2 premières injections suisses début mai 2021

Étude	Phase clinique	Patients (N)	Population étudiée	Durée de suivi	Critère de jugement	Référence ClinicalTrials.gov
ORION-1	II	500	ASCVD ou ASCVD RE	180 jours	Baisse du LDL-C	NCT02597127 ⁴⁰
ORION-2	II	4	HFHo	180 jours	Baisse du LDL-C	NCT02963311
ORION-3	II	490	ASCVD ou ASCVD RE	48 mois	Baisse du LDL-C	NCT03060577
ORION-4	IIb	15 000	ASCVD ou ASCVD RE	60 mois	MACE	NCT03705234
ORION-5	III	45	HFHo	24 mois	Baisse du LDL-C	NCT03851705
ORION-6	I	24	Insuffisance hépatique	180 jours	Pharmacocinétique	NCT04765657
ORION-7	I	31	Insuffisance rénale	60 jours	Pharmacocinétique	NCT03159416 ⁴⁰
ORION-8	III	3700	ASCVD ou ASCVD RE ou HFHe/HFHo	36 mois	Baisse du LDL-C	NCT03814187
ORION-9	III	482	HFHe	18 mois	Baisse du LDL-C	NCT03814187
ORION-10	III	1561	ASCVD	18 mois	Baisse du LDL-C	NCT03399370 ¹⁷
ORION-11	III	1617	ASCVD ou ASCVD RE	18 mois	Baisse du LDL-C	NCT03400800 ¹⁷
ORION-12	I	48	Population saine	180 jours	QT et ECG	-
ORION-13	III	12	HFHo chez l'adolescent (de 12 à < 18 ans)	24 mois	Baisse du LDL-C	NCT04659863
ORION-14	I	40	Étude de recherche de dose	-	Baisse du LDL-C	NCT04774003
ORION-15	II	308	Étude de recherche de dose, ASCVD	270 jours	Baisse du LDL-C	NCT04666298
ORION-16	III	150	HFHe chez l'adolescent (de 12 à < 18 ans)	24 mois	Baisse du LDL-C	NCT04652726



The modern concept of lipid-lowering strategies to reduce cardiovascular diseases

ARN: du prix Nobel
au traitement, la cardiologie
au-devant de la scène

Pr FRANÇOIS MACH et Pr OLIVIER MULLER

**COMING
SOON**

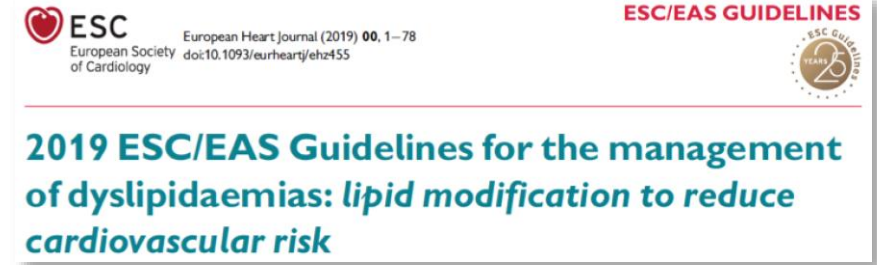
Une baisse du cholestérol LDL
de longue durée: enfin le silence

MAËLLE ACHARD^a, ALIKI BUHAYER^b, KEVIN DOBRETZ^a, Pr GEORG EHRET^a, Pr FRANÇOIS MACH^a

The modern concept of lipid-lowering strategies to reduce cardiovascular diseases

Concept change I: Start early

Less "lipid-exposure" leads to prevention of lesion formation



Concept change II: Treat (much more) aggressively

From desirable target to "LDL-C elimination in the blood"

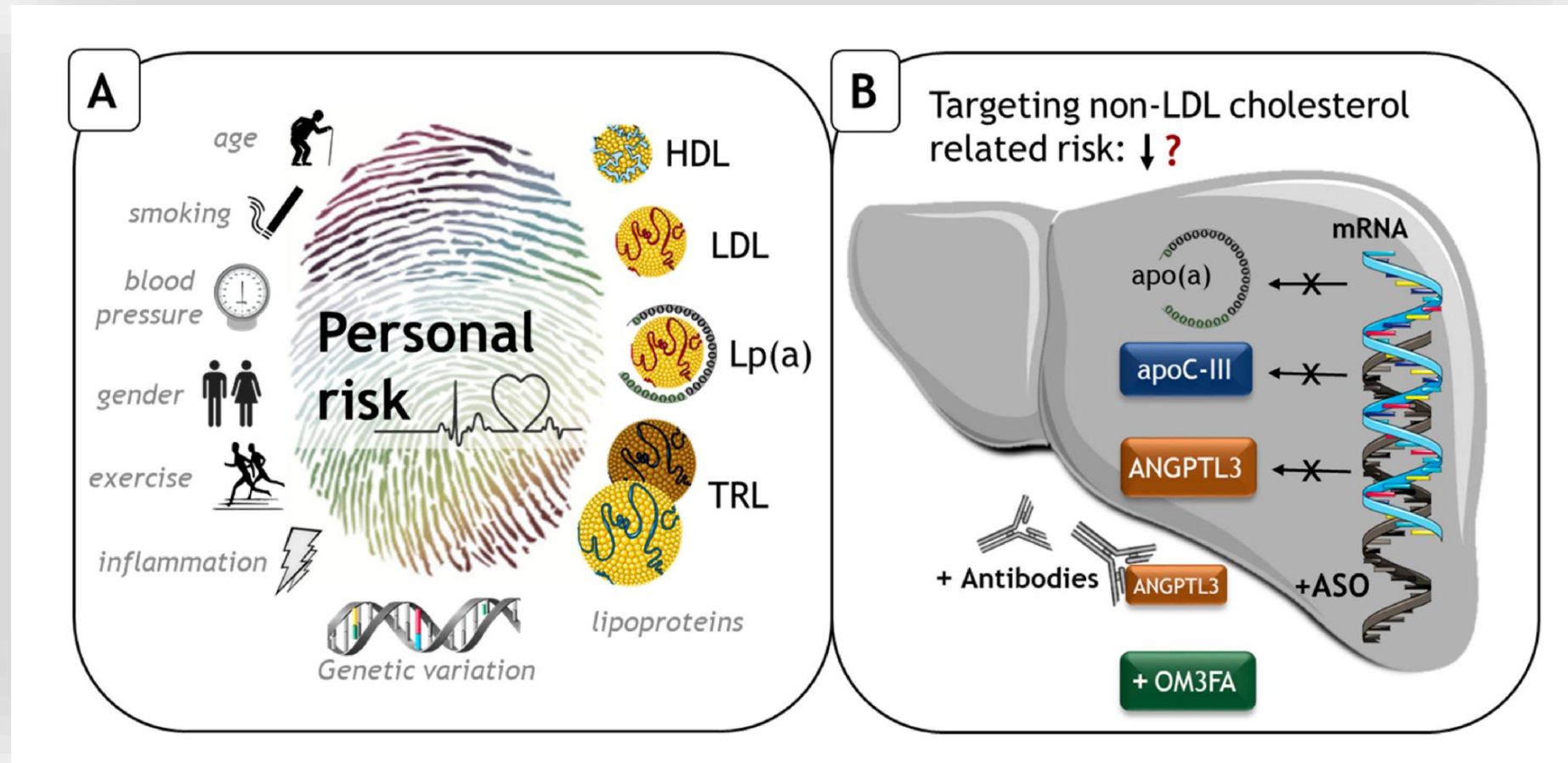
Concept change III: Use lipid-lowering combination therapy

Statin +/- ezetimibe +/- bempedoic acid (+/- PCSK9mAb) induced LDL-C lowering reduces CV risk

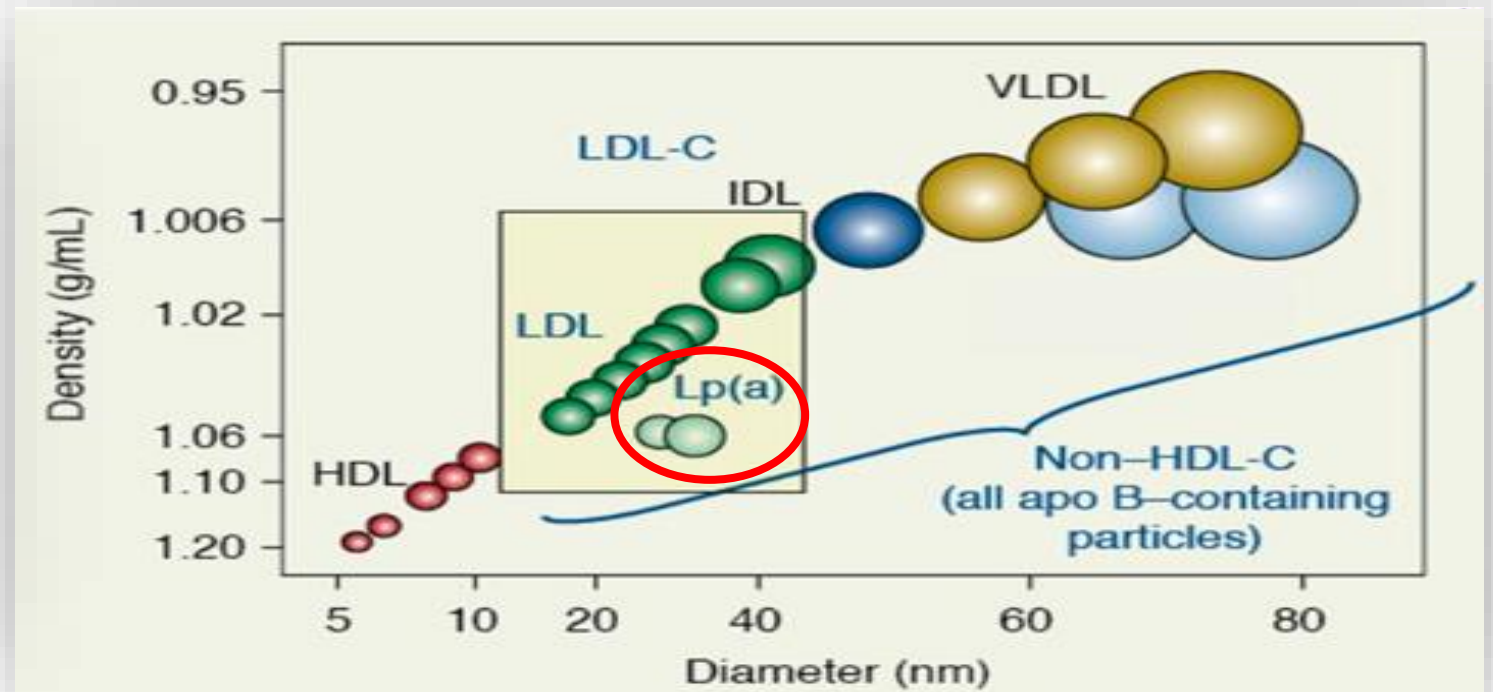
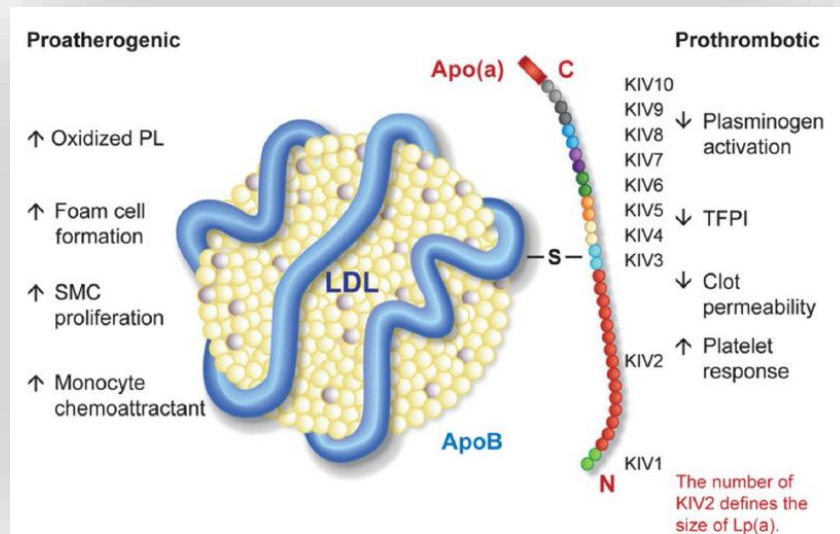
Concept change IV: The lower, the better & lower for longer

Statin +/- ezetimibe + siRNA induced LDL-C lowering with great efficacy, safety and full treatment's adherence

Novel lipid lowering drugs: PCSK9 and beyond



Characteristics of lipoproteins



Lipoprotein(a)

Lipoprotein(a) is a CV risk factor



European Heart Journal (2017) 0, 1–8
doi:10.1093/eurheartj/ehx033

REVIEW

Frontiers in Cardiovascular Medicine

Lipoprotein(a): the revenant

Baris Gencer¹, Florian Kronenberg², Erik S. Stroes³, and François Mach^{1*}

¹Cardiology Division, Geneva University Hospitals, Switzerland; ²Department of Medical Genetics, Division of Genetic Epidemiology, Molecular and Clinical Pharmacology, Medical University of Innsbruck, Austria; and ³Academic Medical Center, Amsterdam, AZ 1100, The Netherlands



ESC

European Society
of Cardiology

European Heart Journal (2018) 39, 2597–2599
doi:10.1093/eurheartj/ehy385

EDITORIAL

Lipoprotein(a): the perpetual supporting actor

Baris Gencer and François Mach*

Cardiology Division, Department of Specialties in Medicine, Geneva University Hospitals, Rue Gabrielle-Perret Gentil 4, 1211 Geneva 14, Switzerland

Drugs

<https://doi.org/10.1007/s40265-019-01243-5>

REVIEW ARTICLE

Potential of Lipoprotein(a)-Lowering Strategies in Treating Coronary Artery Disease

Baris Gencer^{1,2} · François Mach¹

Key Points

High levels of lipoprotein(a) are considered causal risk factor of cardiovascular disease (CVD).

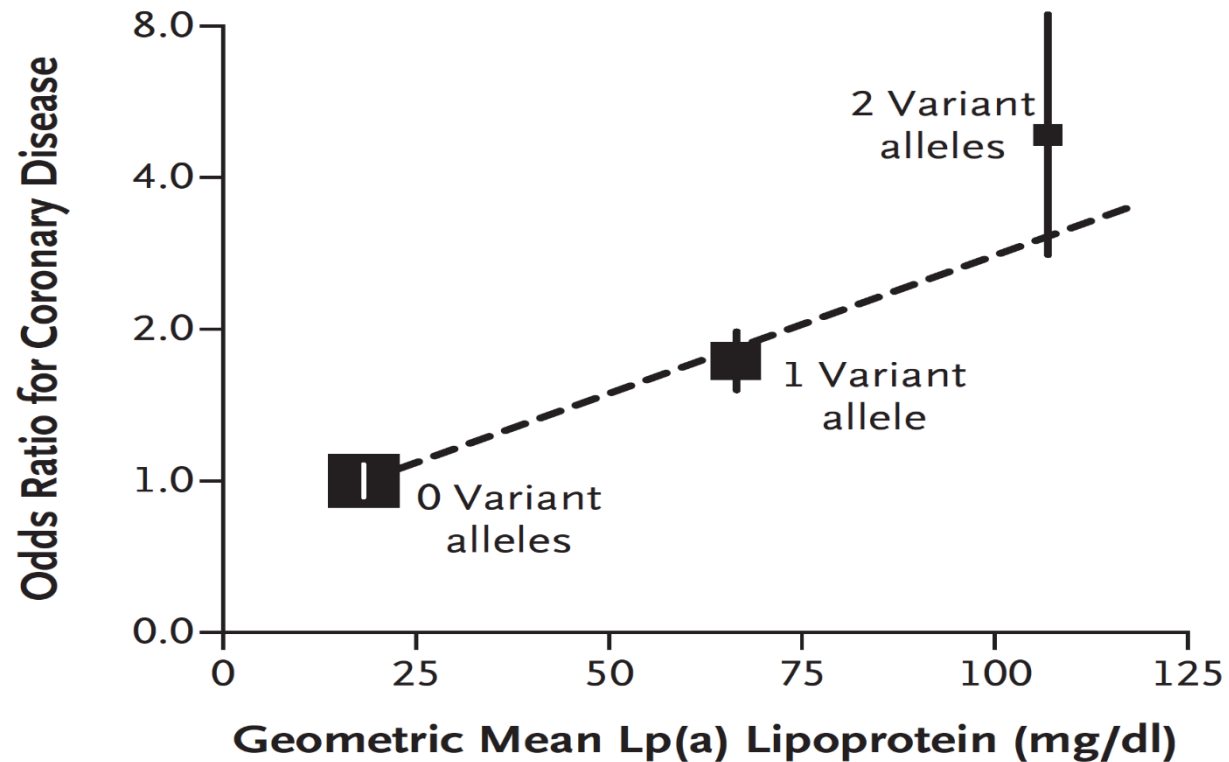
The 2019 ESC/EAS guidelines for the management of dyslipidaemia recommend to measure Lp(a) at least once in each adult person's lifetime.

To lower Lp(a), two antisense oligonucleotides are under development, targeting apolipoprotein (B) and apolipoprotein (a).

Lipoprotein(a) and CV risk

ORIGINAL ARTICLE

Genetic Variants Associated with Lp(a)
Lipoprotein Level and Coronary Disease



Lipoprotein(a) and CV risk

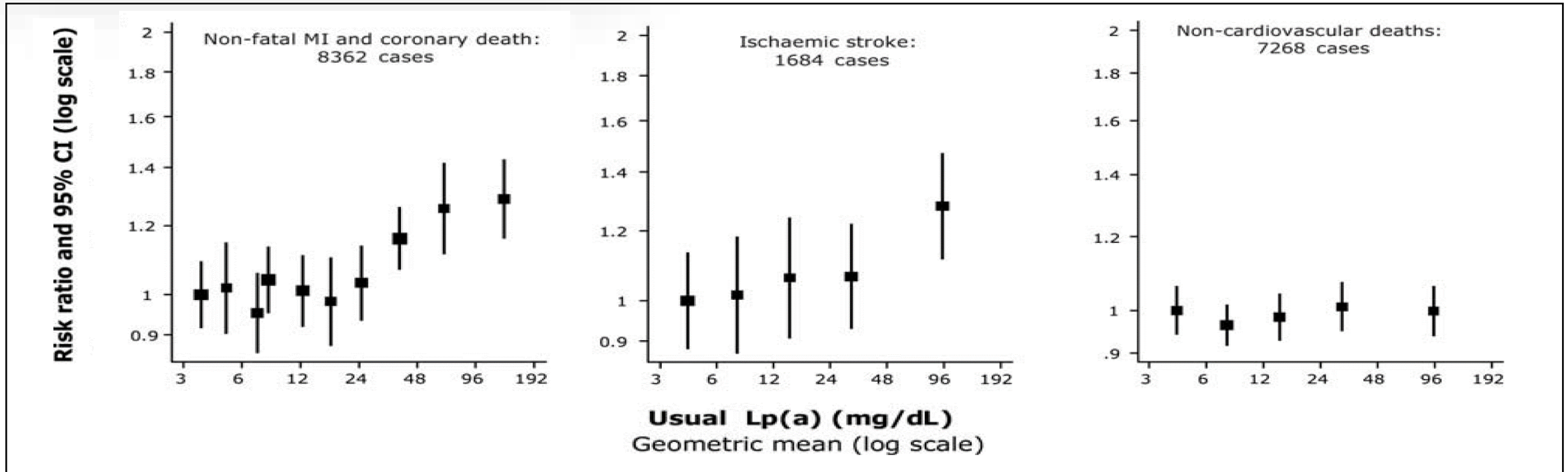


European Heart Journal (2010) 31, 2844–2853
doi:10.1093/eurheartj/ehq386

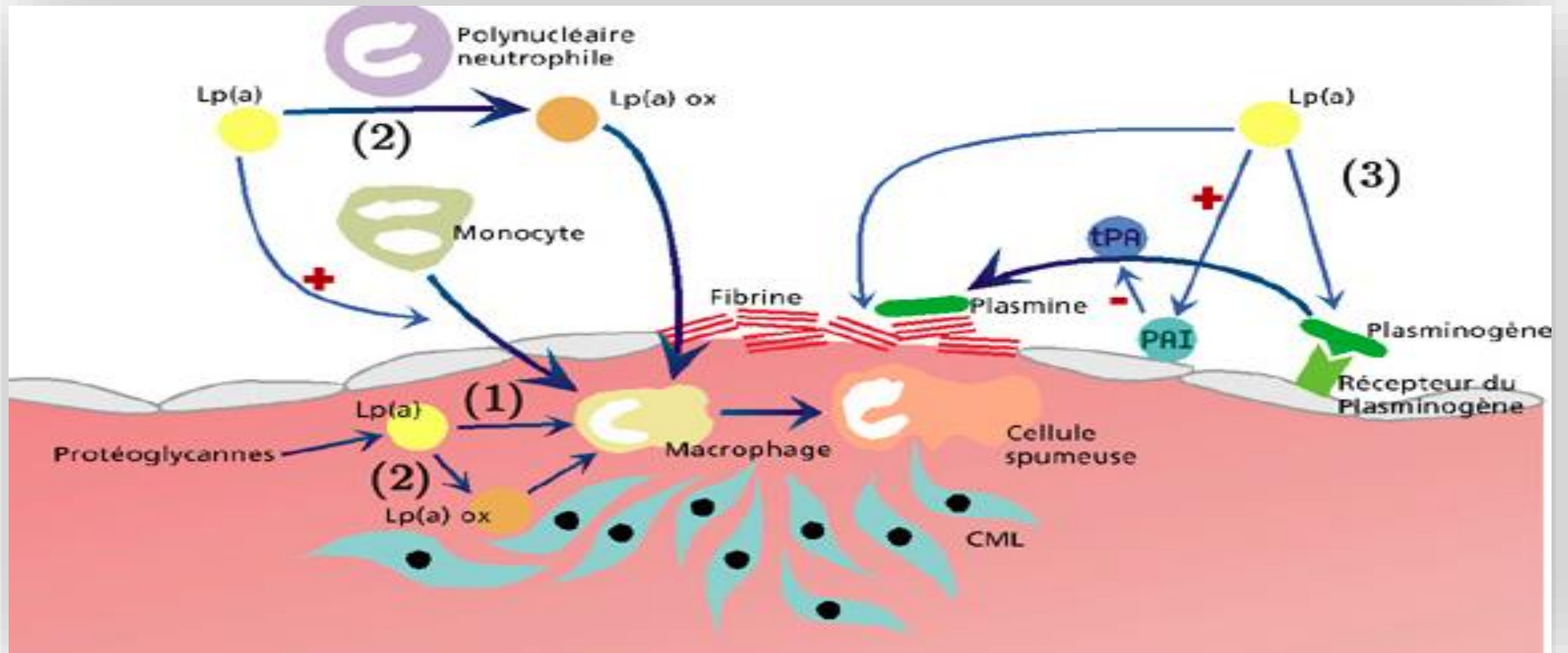
CURRENT OPINION

Lipoprotein(a) as a cardiovascular risk factor: current status

Børge G. Nordestgaard^{1*}, M. John Chapman², Kausik Ray³, Jan Borén⁴, Felicity Andreotti⁵, Gerald F. Watts⁶, Henry Ginsberg⁷, Pierre Amarenco⁸, Alberico Catapano⁹, Olivier S. Descamps¹⁰, Edward Fisher¹¹, Petri T. Kovanen¹², Jan Albert Kuivenhoven¹³, Philippe Lesnik², Luis Masana¹⁴, Zeljko Reiner¹⁵, Marja-Riitta Taskinen¹⁶, Lale Tokgözoğlu¹⁷, and Anne Tybjaerg-Hansen¹⁸, for the European Atherosclerosis Society Consensus Panel†



Lipoprotein(a) – The perfect killer



Recommendations for lipid analysis

Recommendations for lipid analyses for cardiovascular disease risk estimation

Recommendations	Class ^a	Level ^b
TC is to be used for the estimation of total CV risk by means of the SCORE system.	I	C
HDL-C analysis is recommended to further refine risk estimation using the online SCORE system.	I	C
LDL-C analysis is recommended as the primary lipid analysis method for screening, diagnosis, and management.	I	C
TG analysis is recommended as part of the routine lipid analysis process.	I	C
Non-HDL-C evaluation is recommended for risk assessment, particularly in people with high TG levels, DM, obesity, or very low LDL-C levels.	I	C
ApoB analysis is recommended for risk assessment, particularly in people with high TG levels, DM, obesity, metabolic syndrome, or very low LDL-C levels. It can be used as an alternative to LDL-C, if available, as the primary measurement for screening, diagnosis, and management, and may be preferred over non-HDL-C in people with high TG levels, DM, obesity, or very low LDL-C levels.	I	C

Lp(a) measurement should be considered at least once in each adult person's lifetime to identify those with very high inherited Lp(a) levels >180 mg/dL (>430 nmol/L) who may have a lifetime risk of ASCVD equivalent to the risk associated with heterozygous familial hypercholesterolaemia.

IIa **C**

Lp(a) should be considered in selected patients with a family history of premature CVD, and for reclassification in people who are borderline between moderate and high-risk.

IIa **C**

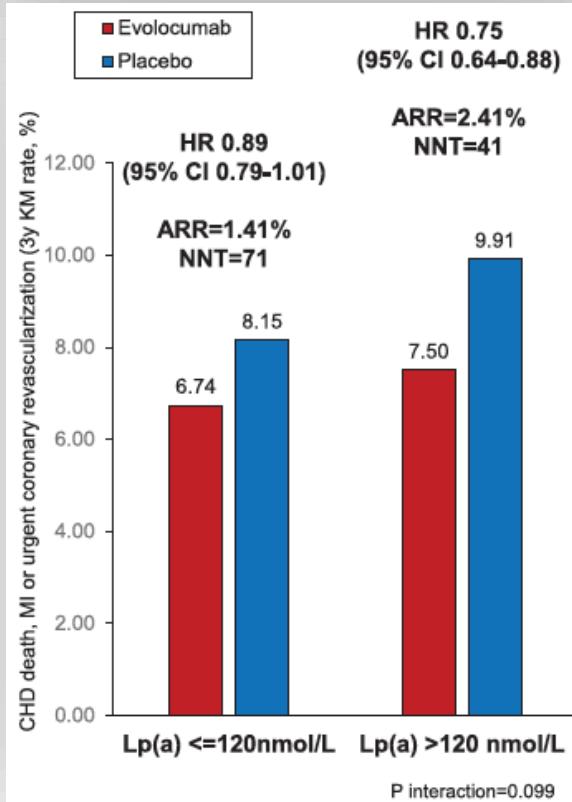
PCSK9 mAb - Lp(a) and CV outcomes ?

Circulation

ORIGINAL RESEARCH ARTICLE

Lipoprotein(a), PCSK9 Inhibition, and Cardiovascular Risk

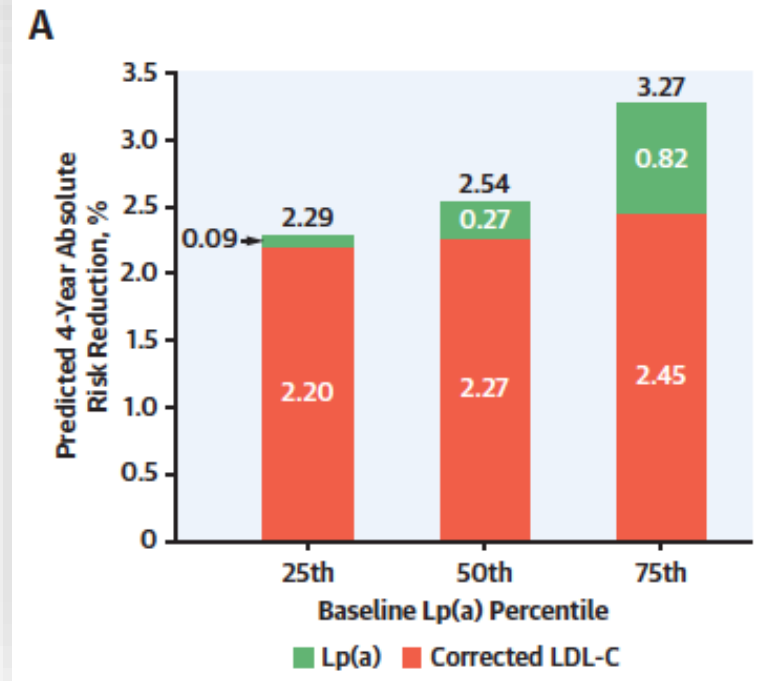
Insights From the FOURIER Trial



Circulation 2019;139:1483

ORIGINAL INVESTIGATIONS

Effect of Alirocumab on Lipoprotein(a) and Cardiovascular Risk After Acute Coronary Syndrome



JACC 2020;75:133

Inclisiran and Lp(a)

Circulation

ORIGINAL RESEARCH ARTICLE

Effect of an siRNA Therapeutic Targeting PCSK9 on Atherogenic Lipoproteins

Prespecified Secondary End Points in ORION 1

Lipoprotein(a)*

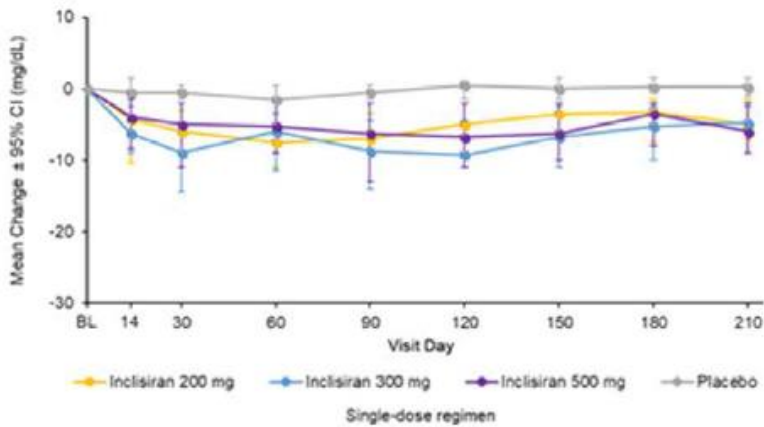


Table 2. Lipids and Lipoproteins at Baseline and Day 180*

	Single-Dose Groups				Double-Dose Groups			
	Placebo (n=64)	200 mg Inclisiran (n=60)	300 mg Inclisiran (n=60)	500 mg Inclisiran (n=60)	Placebo (n=61)	100 mg Inclisiran (n=59)	200 mg Inclisiran (n=60)	300 mg Inclisiran (n=59)
LDL-C								
Baseline	127.2 (52.31)	122.5 (34.73)	119.5 (41.56)	138.1 (46.05)	124.9 (44.20)	127.9 (47.85)	137.1 (70.98)	131.8 (58.51)
Day 180	127.8 (48.77)	87.7 (38.98)	75.2 (44.65)	82.4 (36.57)	124.1 (39.57)	82.9 (40.36)	82.0 (70.13)	67.6 (55.81)
Lp(a)								
Baseline	25.3 (8.5–122.0)	43.0 (11.0–127.0)	36.8 (18.8–147.0)	33.3 (10.8–151.5)	44.5 (12.0–146.0)	32.0 (11.5–134.0)	41.0 (9.8–140.3)	47.0 (11.0–160.5)
Day 180	22.0 (9.0–138.0)	29.5 (9.0–22.5)	31.5 (14.0–125.0)	19.5 (8.0–145.0)	52.0 (9.0–148.0)	29.0 (7.0–103.0)	32.0 (6.0–132.5)	36.0 (8.0–130.0)

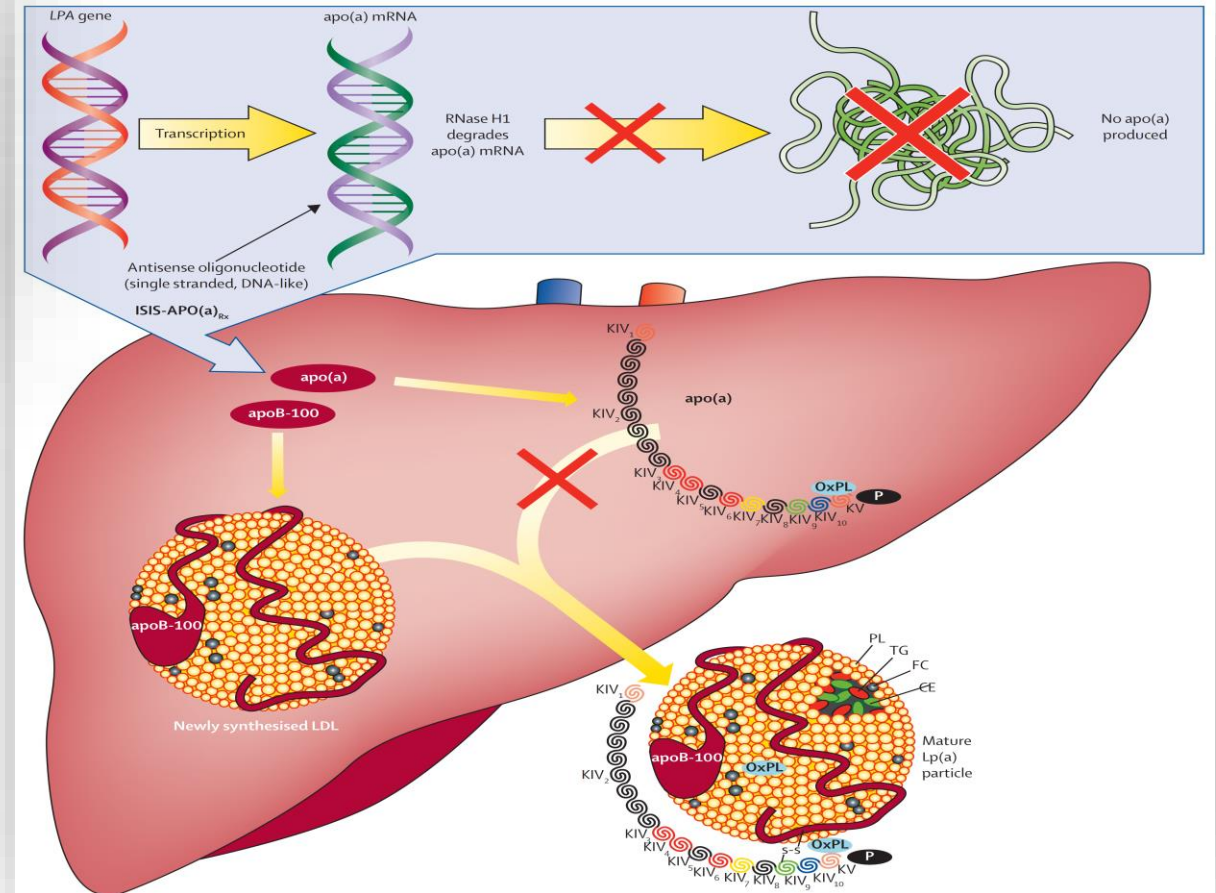
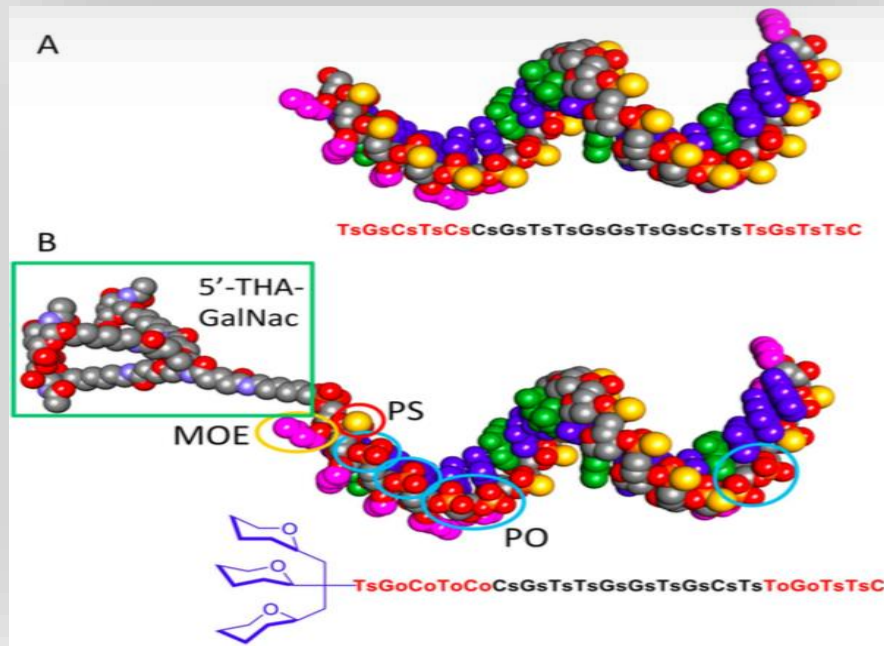
Lowering Lipoprotein(a) with apo(a)-antisense

Antisense therapy targeting apolipoprotein(a): a randomised, double-blind, placebo-controlled phase 1 study

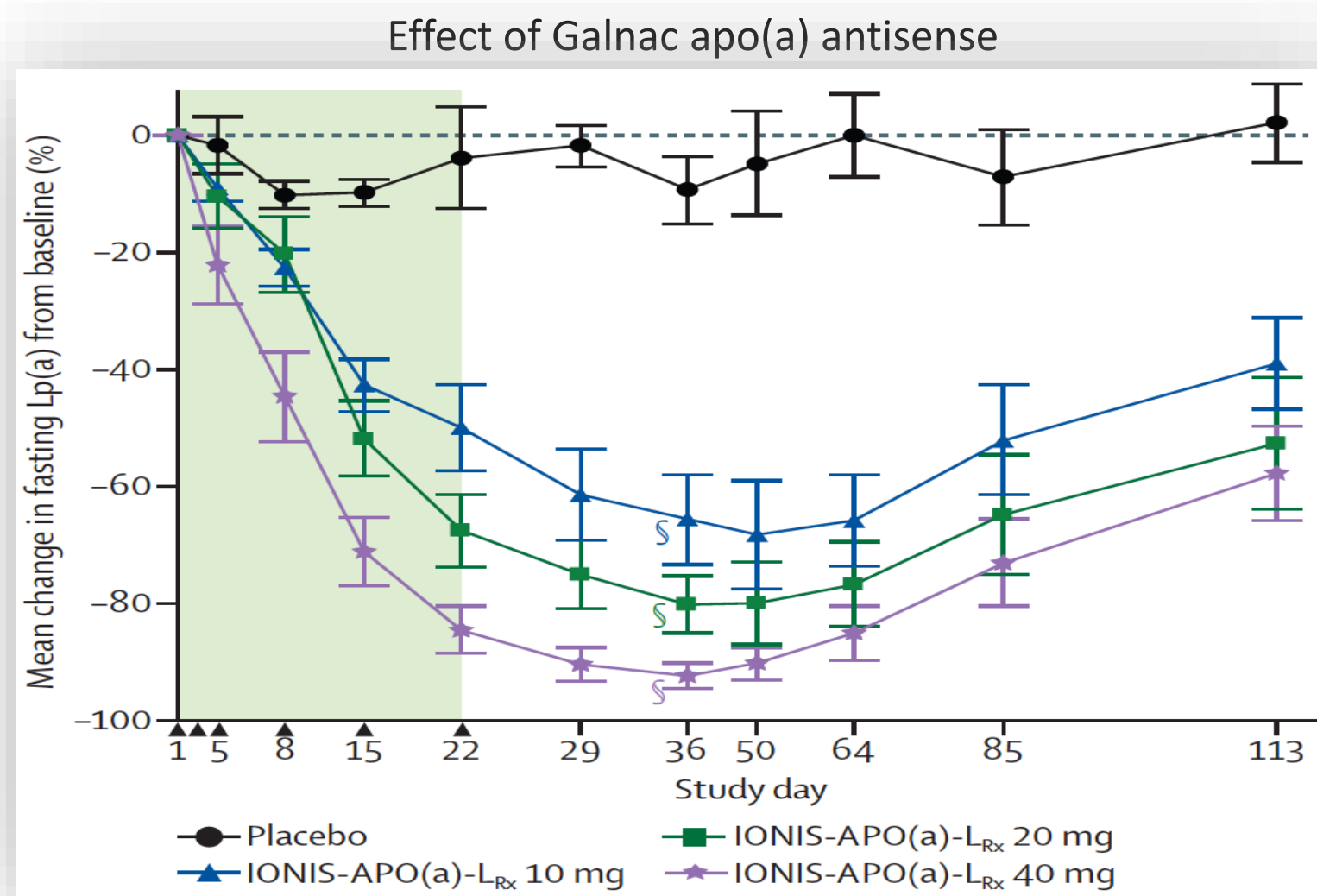
Sotirios Tsimikas, Nicholas J Viney, Steven G Hughes, Walter Singleton, Mark J Graham, Brenda F Baker, Jennifer L Burkey, Qingqing Yang, Santica M Marcovina, Richard S Geary, Rosanne M Crooke, Joseph L Witztum

Antisense oligonucleotides targeting apolipoprotein(a) in people with raised lipoprotein(a): two randomised, double-blind, placebo-controlled, dose-ranging trials

Nicholas J Viney, Julian C van Capelleveen, Richard S Geary, Shuting Xia, Joseph A Tami, Rosie Z Yu, Santica M Marcovina, Steven G Hughes, Mark J Graham, Rosanne M Crooke, Stanley T Crooke, Joseph L Witztum, Erik S Stroos, Sotirios Tsimikas



Lowering Lipoprotein(a) with apo(a)-antisenese



Lowering Lp(a) with apo(a)-antisense – RCT

Assessing the Impact of Lipoprotein (a) Lowering With TQJ230 on Major Cardiovascular Events in Patients With CVD (Lp(a)HORIZON)

ClinicalTrials.gov Identifier: NCT04023552

Study Description

Go to

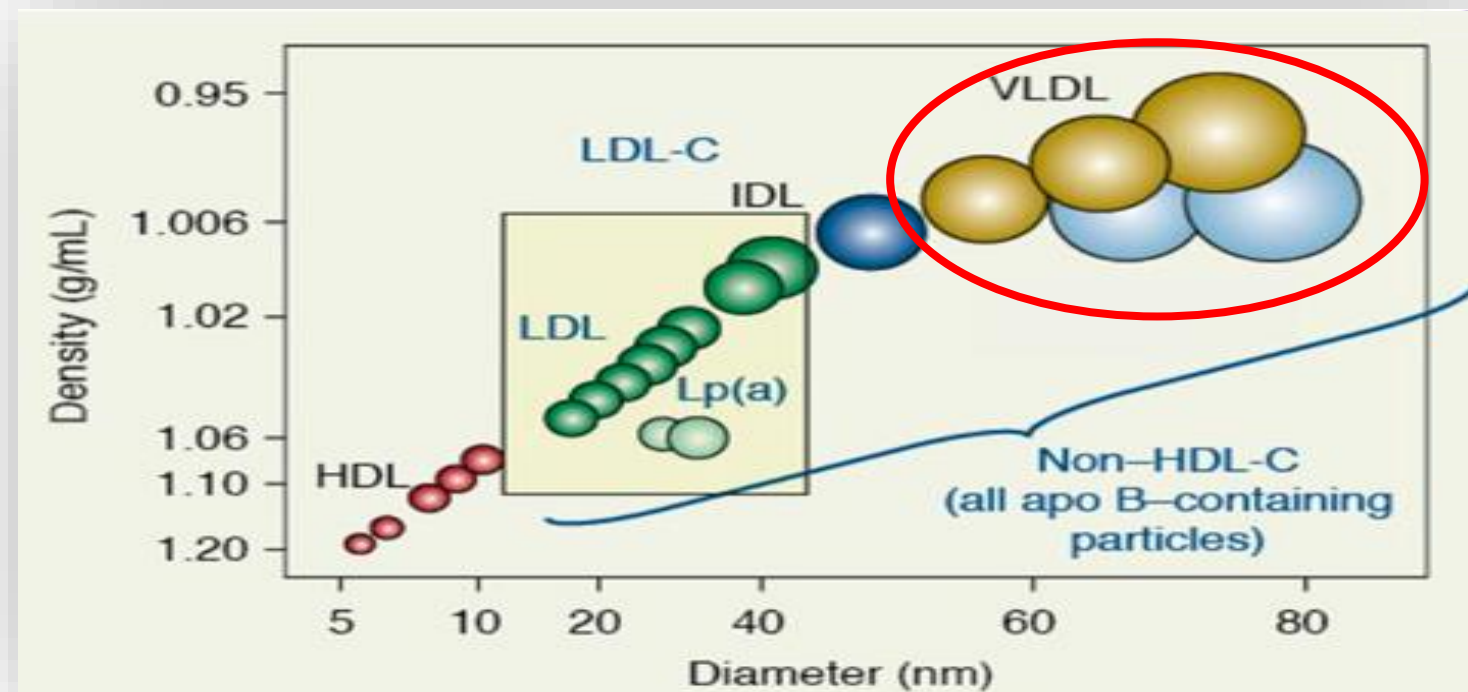
Brief Summary:

This is a pivotal phase 3 study designed to support an indication for the reduction of cardiovascular risk in patients with established CVD and elevated Lp(a)

<u>Condition or disease</u> ⓘ	<u>Intervention/treatment</u> ⓘ	<u>Phase</u> ⓘ
Cardiovascular Disease and Lipoprotein(a)	Drug: TQJ230 Drug: Placebo	Phase 3

Characteristics of lipoproteins

Remnants cholesterol



Lowering Remnant cholesterol with Apo-CIII-antisense

‘Remnant’ cholesterol is next on the list
Apo-CIII antisense reduces TG and remnant cholesterol

ORIGINAL ARTICLE

Cardiovascular and Metabolic Effects of ANGPTL3 Antisense Oligonucleotides

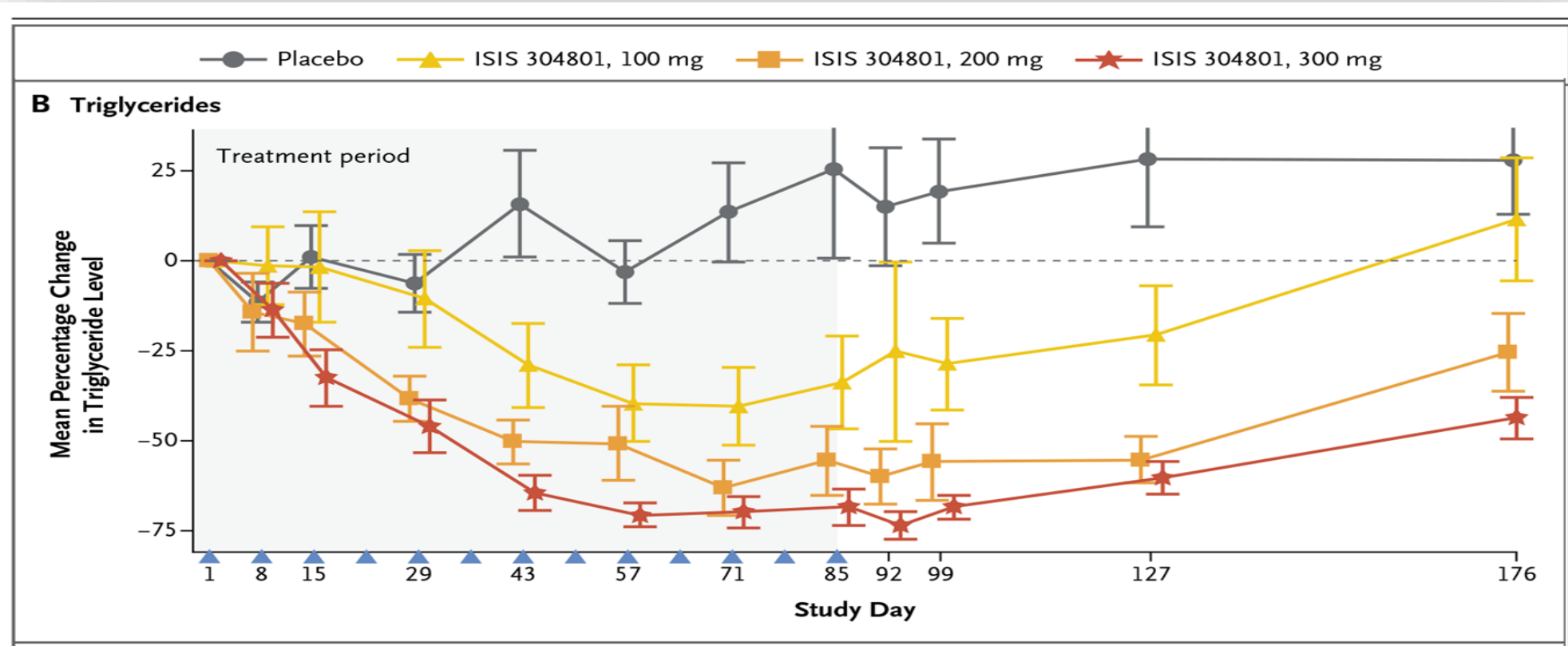
Mark J. Graham, M.S., Richard G. Lee, Ph.D., Teresa A. Brandt, Ph.D., Li-Jung Tai, M.D., Ph.D., Wuxia Fu, M.S., Raechel Peralta, M.S., Rosie Yu, Ph.D., Eunju Hurh, Ph.D., Erika Paz, Bradley W. McEvoy, D.P.H., Brenda F. Baker, Ph.D., Nguyen C. Pham, B.S., Andres Digenio, M.D., Steven G. Hughes, M.B., B.S., Richard S. Geary, Ph.D., Joseph L. Witztum, M.D., Rosanne M. Crooke, Ph.D., and Sotirios Tsimikas, M.D.

Table 2. Absolute Levels of ANGPTL3, Lipids, and Lipoproteins at Day 43 after Initiation of ANGPTL3-L_{Rx} Treatment in the Multiple-Dose Groups.*

Measure	Placebo (N=8)	ANGPTL3-L _{Rx}			
		10 mg (N=6)	20 mg (N=5)	40 mg (N=6)	60 mg (N=6)
ANGPTL3 — ng/ml	132.5±38.9	45.3±22.9†	24.5±7.5†	21.1±5.0†	16.6±8.1†
Triglycerides — mg/dl	183±76	135±55	73±20†	93±24‡	82±27†
LDL cholesterol — mg/dl	151±18	126±29	124±24	115±31‡	85±26†
VLDL cholesterol — mg/dl	37±15	27±11	15±4†	19±5‡	16±6†
Apolipoprotein B — mg/dl	122±19	102±22	99±13‡	90±19‡	78±22†
Non-HDL cholesterol — mg/dl	188±25	153±28‡	139±26‡	133±32‡	101±31†
Total cholesterol — mg/dl	230±20	197±27‡	171±30†	168±33†	134±29†
HDL cholesterol — mg/dl	42±12	44±16	32±5	35±4	33±10
Apolipoprotein AI — mg/dl	146±15	143±36	115±15†	112±13†	105±23†
Apolipoprotein C-III — mg/dl	12.8±3.2	9.1±3.8	4.2±2.3†	5.7±3.1†	3.8±1.0†
Lipoprotein(a) — nmol/liter	32±21	71±69	13±12	18±24	5±8†

Lowering Remnant cholesterol with Apo-CIII-antisense

'Remnant' cholesterol is next on the list
Apo-CIII antisense reduces TG and remnant cholesterol



Consultation “Lipides” aux HUG

- Consultation conjointe des **Services de Cardiologie et d’Endocrinologie**
Prof. François Jornayvaz, Prof. Georg Ehret, Prof. François Mach
- Infirmière coordinatrice: Mme Elise Guillermet
Tél: 079-553 55 08 Fax: 022-372 50 18 elise.guillermet@hcuge.ch

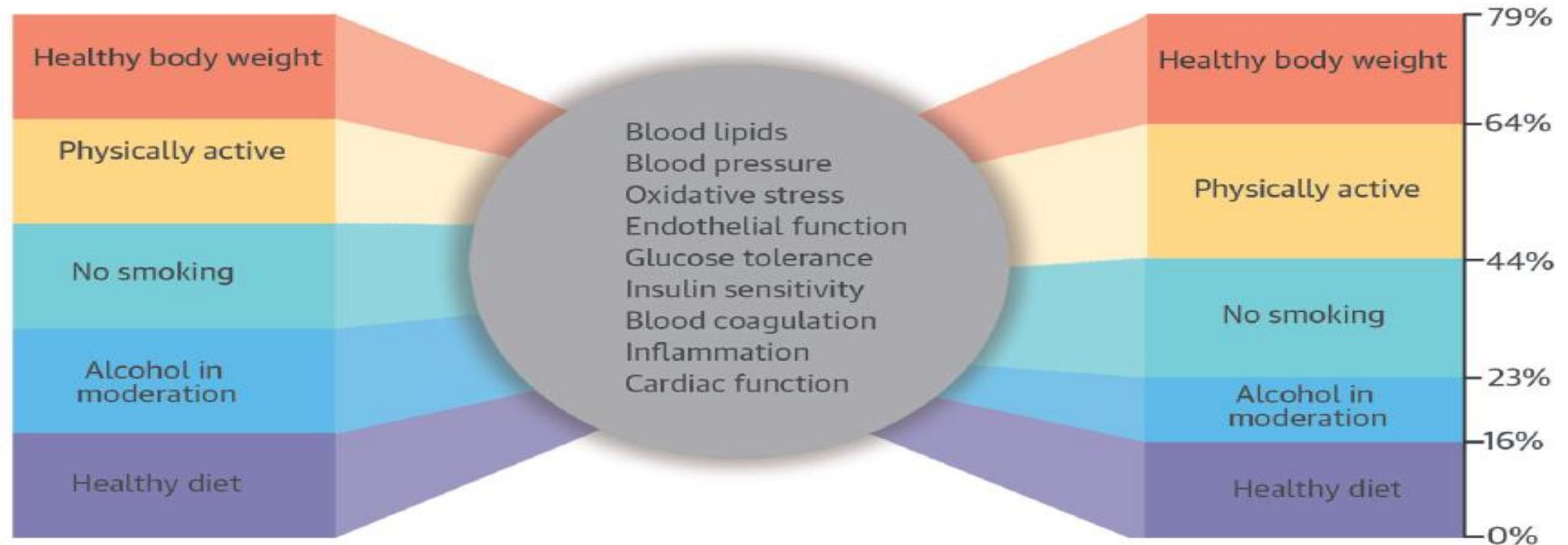


Hôpitaux
Universitaires
Genève

CV Risk factors & lifestyle

Low-risk lifestyle practices

Myocardial infarction
Population preventable proportions



CENTRAL ILLUSTRATION 5 Combined Low-Risk Behaviors and the Population Preventable Proportions of MI

The combination of the 5 low-risk dietary and lifestyle factors, the proposed intermediate biological factors, and the population preventable proportions of myocardial infarction.

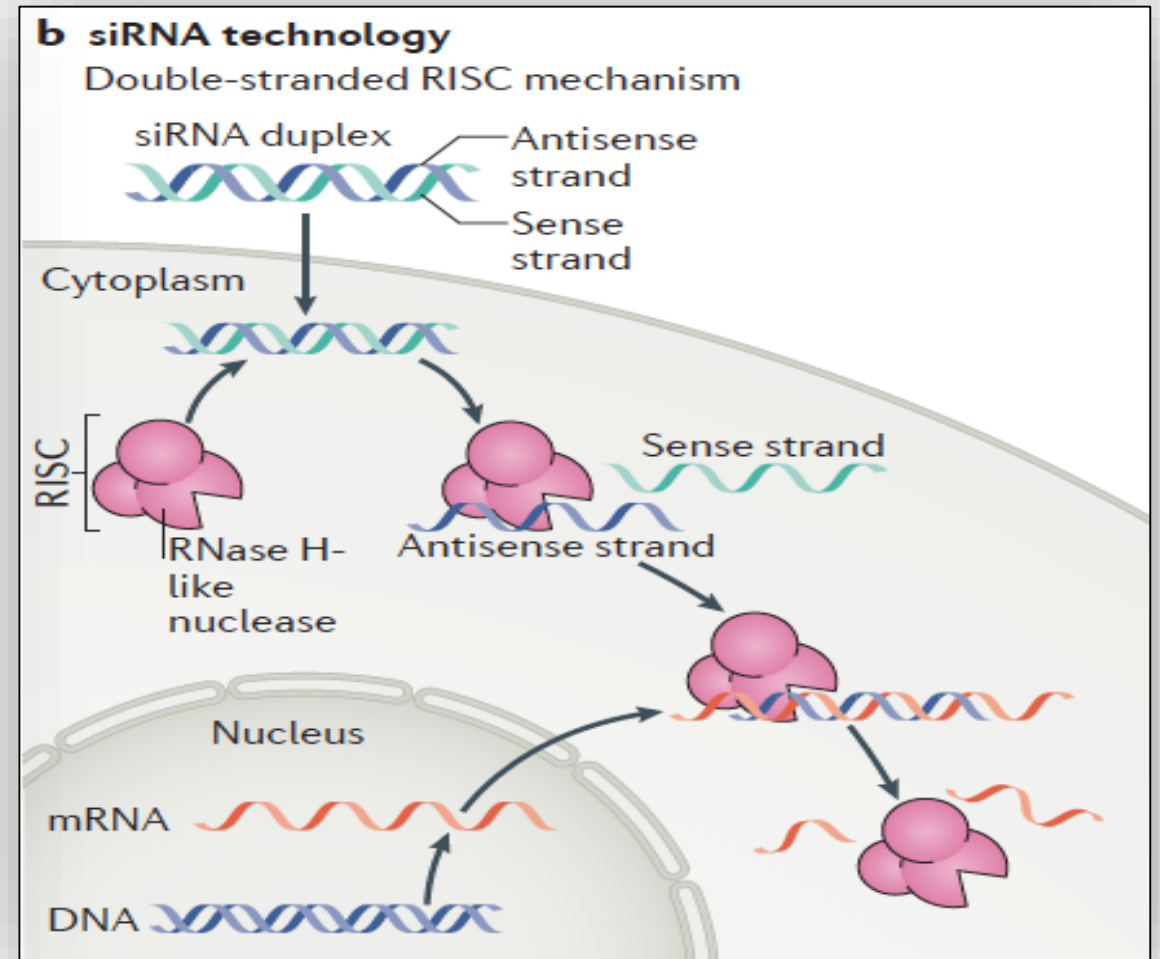
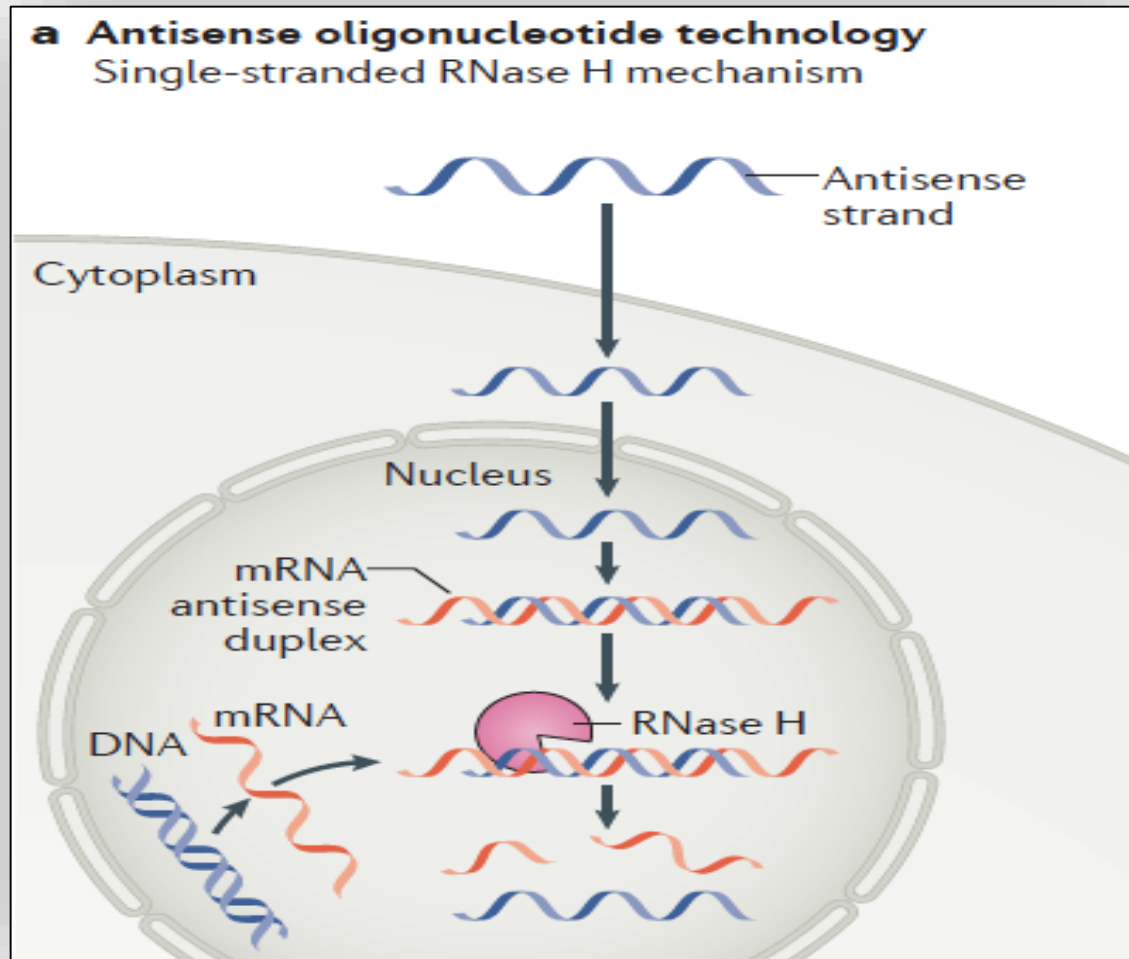
Service de cardiologie / HUG
Colloque multidisciplinaire de formation continue, cardiologie et chirurgie cardio-vasculaire
Genève, le 27 mai 2021

Merci pour votre attention

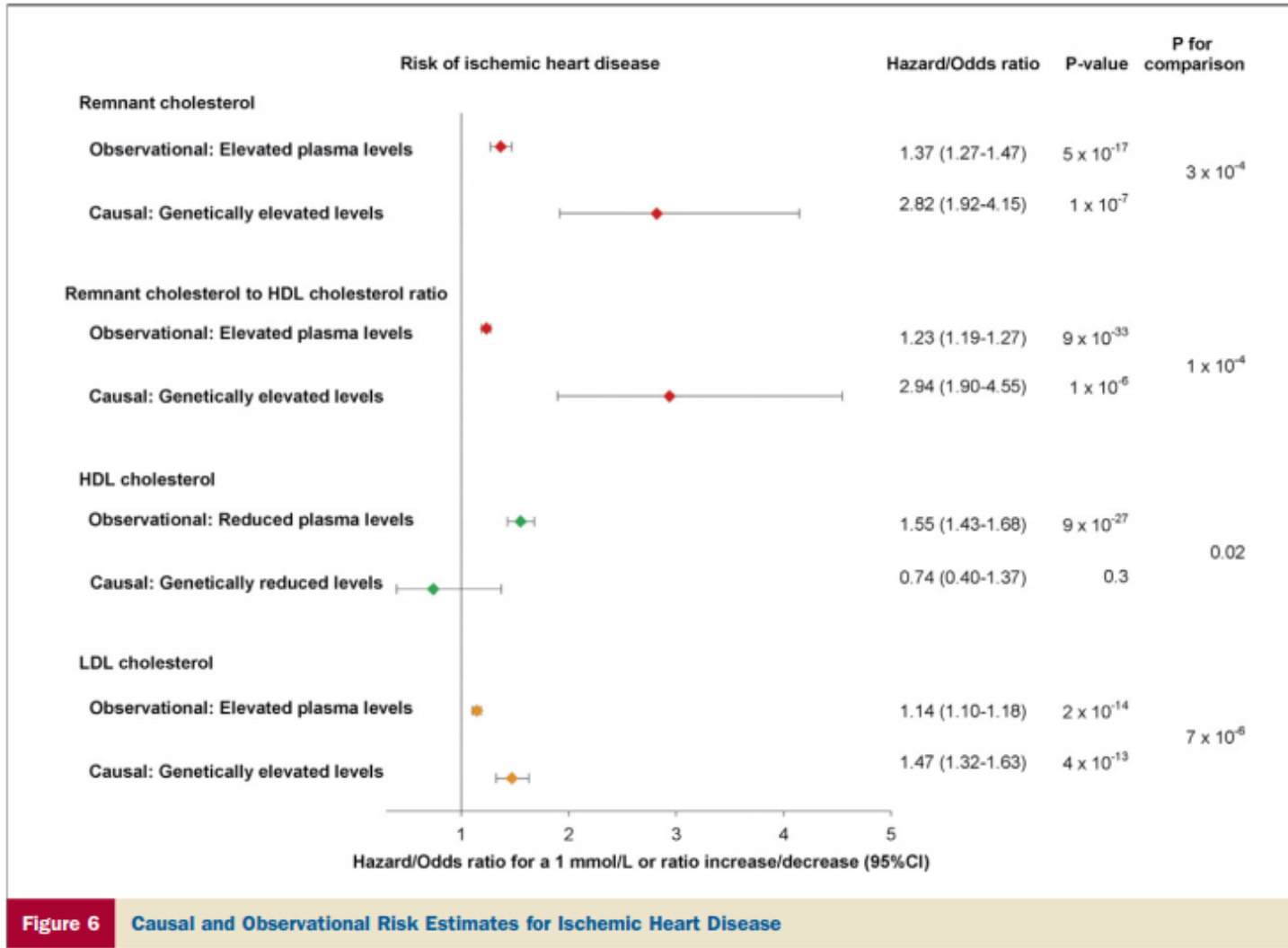


Genetic-therapy to reduce blood-lipid-levels

Antisense oligonucleotide-based versus siRNA-based approaches



Remnant cholesterol causally related to CVD-risk: *Mendelian Randomization*



Cardiometabolic Risk

Remnant Cholesterol as a Causal Risk Factor for Ischemic Heart Disease

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Figure 6 Causal and Observational Risk Estimates for Ischemic Heart Disease